

**VVAL
2023
Swimming & Diving All-League**

Girls	Boys
<u>200 Yard Medley Relay</u> (Justin Siena) Kaela Fegan Clare Cuneo MacKenzie Kawashiri Lila Heffernan	<u>200 Yard Medley Relay</u> (American Canyon) Rowan Valladares Gabriel Cueva Joseph Patocchi Raphael Cueva
<u>200 Yard Free</u> Lila Heffernan-Justin Siena	<u>200 Yard Free</u> Gabriel Cueva-American Canyon
<u>200 Yard IM</u> Keona Perseveranda-American Canyon	<u>200 Yard IM</u> Yuki Hayashi-Vintage
<u>50 Yard Free</u> Remy Harrison-Sonoma Valley	<u>50 Yard Free</u> Raphael Cueva-American Canyon
<u>100 Yard Fly</u> Alejandra Valladaras-American Canyon	<u>100 Yard Fly</u> Rafael Estimo-Justin-Siena
<u>100 Yard Free</u> Lila Heffernan-Justin Siena	<u>100 Yard Free</u> Raphael Cueva-American Canyon
<u>500 Yard Free</u> MacKenzie Kawashiri-Justin Siena	<u>500 Yard Free</u> Jack Melanephy-Petaluma
<u>200 Yard Free Relay</u> (Justin Siena) Kaela Fegan Clare Cuneo MacKenzie Kawashiri Lila Heffernan	<u>200 Yard Free Relay</u> (American Canyon) Rowan Valladares Gabriel Cueva Joseph Patocchi Raphael Cueva
<u>100 Yard Backstroke</u> Quincy Frommelt-Napa	<u>100 Yard Backstroke</u> Yuki Hayashi-Vintage
<u>100 Yard Breaststroke</u> Remy Harrison-Sonoma Valley	<u>100 Yard Breaststroke</u> Gabriel Cueva-American Canyon
<u>400 Yard Free Relay</u> (American Canyon) Kayden Shalhout Holly Schofield Keona Perseveranda Alejandra Valladares	<u>400 Yard Free Relay</u> (Napa) Andrew Dillon Cameron Scargle Carlo Delanni Noah Hattori

Diving

Jacky Madrigal-Vintage

200 Yard Medley Relay

(Napa)

Jossie Gonzalez

Helene Hoke

Sophia Ochoa

Sofia Cotant

200 Yard Free Relay

(Justin Siena)

Sofia Wilson

Sam Wahle

Sophia Conley

Mady Carson

400 Yard Free Relay

(Vintage)

Kirin Sidhu

Gianna Ficele

Claire Lawrence

Addie Soffner

Diving

Lukas Rieken-Vintage

200 Yard Medley Relay

(Napa)

Liam Cringan

Isaac Soto-Galeana

Jonathan Mendez

Jason Longoria

200 Yard Free Relay

(Justin Siena)

Matthew Tapia

Aiden Machado

Jacob Imhoff

Pearce Alger

400 Yard Free Relay

(Vintage)

Antonio Bazan

Quinton Fletcher

Sean Johnson

Santino Monticelli