

2022 VVAL Girls Lacrosse
All-League
East & West
Divisions

East Division

MVP: Twyla Borck - Justin Siena HS

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Anjail Monteverdi - Justin Siena HS

Jill Fischer - Justin Siena HS

Hilary Klam - Justin Siena HS

Alyssa Ramsey - Justin Siena HS

Amber Perry - Vintage HS

Kate Kerr - Vintage HS

Camryn - Childers Vintage HS

Olivia Samrick - Vintage HS

Lorna Fowles - Sonoma Academy HS

Lindsey Florsheim - Sonoma Academy HS

Lael Gott - Sonoma Academy HS

Chloe Howard - Napa HS

Kelia Mata - Napa HS

Chelsea Young - Sonoma Valley HS

West Division

MVP: Sierra Schmidt - Casa Grande HS

Ella Holland - Cardinal Newman HS

Lily Zichichi - Cardinal Newman HS

Rose Meihaus - Cardinal Newman HS

Taiten Kolpin - Cardinal Newman HS

Kathryn Clark - Cardinal Newman HS

Taylor Pieri - Casa Grande HS

Sierra Schmidt - Casa Grande HS

Natalie Labanowski - Casa Grande HS

Stella Conroy - Casa Grande HS

Trinity Salus - Casa Grande HS

Nicoletta Johnson - Petaluma HS

Mackenzie Herman - Petaluma HS

Sydney Manka - Petaluma HS

Makenzie Smith - Rancho Cotate HS

Abigail Johnson - Rancho Cotate HS

Prissilla Tucker - Windsor HS