

# Vine Valley Athletic League

## Vine Valley Athletic League AD Meeting Agenda

Date of Meeting: Tuesday November 18, 2025

Location of Meeting: **Sonoma Valley High School, 20000 Broadway, Sonoma, CA 95476**

Time of Meeting: 9:00 a.m.

### Call to order and roll call.

Karin Hatton	American Canyon HS	Darci Ward	Napa HS
Jon O'Con	American Canyon HS	Gio Napoli	Petaluma HS
Erika Noone	Casa Grande HS	Molly Kiss	Sonoma HS
John Antonio	Casa Grande HS	Mike Boles	Sonoma HS
Joe Welling	Justin Siena HS	Jessica Hutchinson	Vintage HS
Andy Bettencourt	Justin Siena HS	Maika Watanabe	Vintage HS
Erica Escalante	Justin Siena HS	Rick O'Brien - Commissioner	
Ean Ainsworth	Napa HS		

### I. **Approval of the Agenda**

Motion to recommend approval of the agenda as presented.

### II. **Public Comment**

Pursuant to Education Code Section 54954.3 and Education Code section 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the NBL, CIF, and NCS will be heard at this time. The time for such comment is no more than two (2) minutes per person on an item and no more than twenty (20) minutes total on an item or as designated by the Chair.

### III.. **NCS Sports Advisory Committee** (Rick) Attachment A

#### **CIF Items**

Information a. Baseball and Softball

## **NCS Items -**

Action

a. **Three-Year Calendar**

Proposal to adopt the next year of the three-year cycle (2028-29).

## **NCS New Business:**

Action

- a. **Football (8-Person)** Proposal to retain schools with an enrollment of 199 or less in the 8-person Division 2 football playoffs (outside of petitioning).

Action

- b. **Football (8-Person)** Proposal to exempt 8-person football from the .500 or better requirement for NCS playoff eligibility.

## **NCS Old Business**

Action

- a. **BASEBALL & SOFTBALL (TABLED ITEM FROM 8/25/25)**  
Proposal to cap Division 6 baseball and softball at less than 200, limiting playoff participation to only those schools within the enrollment break and as described in the attachment. (If desired, motion can be made to “take from the table” and brought back to the floor by majority vote, or proposal expires).

Action

- b. **FOOTBALL (TABLED ITEM FROM 8/25/25)**  
Proposal to establish an 8th Division of 11-person football. (If desired, motion can be made to “take from the table” and brought back to the floor by majority vote, or proposal expires).

## **NCS Round Table Discussion Topics**

- a. **APPLICATION DEADLINES (2026-27)**  
Discussion regarding a potential change to the standard application deadline – from Saturday evening (9-10 pm) to Thursday (3 pm) – while maintaining the final date of competition on the standard Saturday.
- b. **2026 GIRLS VOLLEYBALL/HALLOWEEN**  
Discussion regarding next year’s 2nd round volleyball playoff date and a proposed change in game time from 7 pm to 1 pm (which would align with other sports’ weekend games held without lights).
- c. **FALL CHAMPIONSHIPS**  
Discussion regarding the 2025 fall season of competitive equity playoffs. Feedback including (but not limited to) change in football qualifiers, seeding, etc. (Data will be sent prior to or made available at the meeting).

V. **VVAL Items**

Discussion	a.	<b>Golf Spectators</b> Brought to Commissioner by Golf Coaches	<b>Rick</b>
Information	b.	<b>VVAL Hosts NCS Redwood Empire Area Meet</b> SRJC confirmed - Saturday May 16th	<b>Rick</b>
Information	c.	<b>Financials - VVAL Fall Tournaments</b> Handout	<b>Rick</b>
Information	d.	<b>Winter Coaches Meeting</b> Recap meetings	<b>Rick</b>
Information	e.	<b>Volleyball and Water Polo All League</b>	<b>Rick</b>
Information	f.	<b>Volleyball Coaches Concerns</b> Start time of matches	<b>Rick</b>
Information	g.	<b>Noise Makers at Games</b>	<b>Jessica</b>
Action	h.	<b>Fall 2026 Schedules Attachment B</b> Approve 2026 Fall Schedules	<b>Rick.</b>
Discussion	i.	<b>Flag Football</b> Which schools will have Flag Football	<b>Rick</b>
Information	j.	<b>NCS Commissioner Survey</b>	<b>Jessica</b>
Information	k.	<b>Commissioner Cup Standings</b> Handout	<b>Rick</b>
Action	l.	<b>Tennis Bylaws - 3rd place match</b>	<b>Rick</b>
Discussion	m.	<b>Petaluma Girls Golfer - NCS Bylaw</b>	<b>Rick</b>
<b>Discussion</b>	n.	<b>Football Realignment</b>	<b>Rick</b>

VI **Round Table**

VII. **Closed Session (if needed)**

VIII **Adjourn** - Next meeting Tuesday February 17, 2026  
9:00 a.m. at Sonoma Valley High School



## NCS SPORTS ADVISORY COMMITTEE AGENDA

FACILITATOR: SUSIE WOODALL  
 LOCATION: HAMILTON COMMUNITY CENTER  
 503 S PALM DRIVE, NOVATO, 94949

DATE: MONDAY, DECEMBER 1, 2025  
 TIME: 8:30 AM

D = Discussion, P = Participation, A = Action, I = Information only, R = Review/prior topic, C = Consent

TIME	AGENDA TOPIC	ATTACH.	LEAGUE/MGMT COMM. VOTE			PURPOSE	DISCUSSION LEADER	IMPLEMENTATION DATE	ACTION
			LEAGUE	MGMT COMM					
8:30 (5)	Arrival (Coffee, tea and light breakfast will be available) Call to Order, Roll Call, Review Meeting Protocol and Rules								
8:35 (5)	<b>I. ADOPTION OF AGENDA</b>					R, D, A	WOODALL		
8:40 (5)	<b>II. CONSENT AGENDA</b> Consent items: III. Minutes of the Aug. 25, 2025 SAC Meeting.					R, D, A	WOODALL		
8:45 (5)	<b>III. MINUTES OF THE PREVIOUS MEETING</b> <a href="#">Posted on the NCS website, SAC page.</a>					C (D, A)	WOODALL		
8:50 (30)	<b>IV. PUBLIC COMMENT</b> Pursuant to Education Code 54954.3 and Education Code 33353, any member of the public wishing to speak on any matter within the subject matter jurisdiction of the CIF-NCS will be heard. There is a 2-minute limit per comment and a 30-minute limit for all general comments. These time limits may be extended at the meeting by a majority of the NCS Sports Advisory Committee.								
9:20 (10)	<b>V. CIF ITEMS</b>								
	A. BASEBALL & SOFTBALL Information regarding potential Baseball & Softball CIF State Championships.	A				I	CRUICKSHANK	2026-27	
9:30 (10)	<b>VI. NCS ITEMS</b>								
	A. THREE-YEAR CALENDAR Proposal to adopt the next year of the three-year cycle (2028-29).	B				R, D, A	NIEMI	2026-27	
9:40 (20)	<b>VII. NEW BUSINESS</b>								

TIME	AGENDA TOPIC	ATTACH.	LEAGUE/MGMT COMM. VOTE			PURPOSE	DISCUSSION LEADER	IMPLEMENTATION DATE	ACTION
			LEAGUE	MGMT COMM					
	A. FOOTBALL (8-PERSON) Proposal to retain schools with an enrollment of 199 or less in the 8-person Division 2 football playoffs (outside of petitioning).	C	22-0-2			R, D, A	BAC	2026-27	
	B. FOOTBALL (8-PERSON) Proposal to exempt 8-person football from the .500 or better requirement for NCS playoff eligibility.	D	27-0			R, D, A	BAC	2026-27	
10:00 (20)	<b>VII. OLD BUSINESS</b>								
	A. BASEBALL & SOFTBALL (TABLED ITEM FROM 8/25/25) Proposal to cap Division 6 baseball and softball at less than 200, limiting playoff participation to only those schools within the enrollment break and as described in the attachment. <b>(If desired, motion can be made to “take from the table” and brought back to the floor by majority vote, or proposal expires).</b>	E				R, D, A	NIEMI		
	B. FOOTBALL (TABLED ITEM FROM 8/25/25) Proposal to establish an 8 <sup>th</sup> Division of 11-person football. <b>(If desired, motion can be made to “take from the table” and brought back to the floor by majority vote, or proposal expires).</b>	F				R, D, A	NIEMI		
10:20 (45)	<b>VIII. ROUND TABLE DISCUSSION</b>								
	A. APPLICATION DEADLINES (2026-27) Discussion regarding a potential change to the standard application deadline – from Saturday evening (9-10 pm) to Thursday (3 pm) – while maintaining the final date of competition on the standard Saturday.						PHILLIPS		
	B. 2026 GIRLS VOLLEYBALL/HALLOWEEN Discussion regarding next year’s 2 <sup>nd</sup> round volleyball playoff date and a proposed change in game time from 7 pm to 1 pm (which would align with other sports’ weekend games held without lights).						NIEMI		
	C. FALL CHAMPIONSHIPS Discussion regarding the 2025 fall season of competitive equity playoffs. Feedback including (but not limited to) change in football qualifiers, seeding, etc. (Data will be sent prior to or made available at the meeting).						CRUICKSHANK		

TIME	AGENDA TOPIC	ATTACH.	LEAGUE/MGMT COMM. VOTE			PURPOSE	DISCUSSION LEADER	IMPLEMENTATION DATE	ACTION
			LEAGUE		MGMT COMM				
11:05 (10)	<b>IX. STAFF REPORTS</b> A. Commissioner B. Associate Commissioner C. Assistant Commissioner					I	CRUICKSHANK NIEMI PHILLIPS		
11:15	<b>X. ADJOURNMENT</b>					P	WOODALL		



RONALD W. NOCETTI, EXECUTIVE DIRECTOR

VI.A.5.

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ATTACHMENT A

**To: Executive Committee**

**Date: September 29, 2025**

**Re: Bylaws 1505 and 2804 – State Baseball & Softball State Championships**

**Proposal Originated: CIF Staff**

**Proposal Reviewed**

8/26/2025	Commissioners Committee
9/18/2025	Softball Advisory Committee
9/24/2025	Baseball Advisory Committee
9/30/2025	New Events Committee
10/9/2025	Executive Committee

**Proposal Recommendation**

Reviewed
Reviewed
Reviewed
Reviewed
First Reading

**Type:** New State Championship Events; Bylaw Additions

**Next:** Action Item at the November 2025 Executive Committee Meeting

**Proposal Summary:** The CIF Staff is proposing the implementation of a CIF State Baseball and Softball Championships to begin in the 2026-2027 school year. This proposal follows the approved State Championships Master Schedule timeline for implementation of new events for consideration.

**Fiscal Impact:** The staff has conducted an audit of regional baseball and softball events and calculated the possible travel expense for teams to compete.

**Background:** The CIF does not currently have a state championship in Baseball or Softball. This event would bring the top teams from each region to compete in an even larger scale event than their own section and regional championships. It's another opportunity for students to have state level competition in the sports of baseball and softball, as currently afforded to many other CIF sports participants. This championship event is proposed as a two-day event held one week after the Regional Championships.





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## Proposal for California Baseball & Softball Championships New CIF Championship Events

**Name of Event:** CIF State Baseball & Softball Championships

**Proposed Event Dates:** The proposed dates of the event coincide with the next available weekend after the completion of regional finals.

### State Baseball & Softball Schedule Following Regional Championships:

2027: Friday & Saturday, June 4-5: (Regional Championships are Saturday, May 29)

2028: Friday & Saturday, June 2-3: (Regional Championships are Saturday, May 27)

2029: Friday & Saturday, June 1-2: (Regional Championships are Saturday, May 26)

2030: Friday & Saturday, May 31-June 1: (Regional Championships are Saturday, May 25)

### Format

5 divisions per sport of competition between the champions from the Northern and Southern Regional Championships

### Section Entries (8 team brackets) per sport

North: CS- 4; CCS- 9; NCS- 9; NS-6; OS-1; SJS- 10; SFS- 1

South: CS- 4; LACS- 6; SDS- 10; SS-20

### QUALIFYING TO CIF STATE CHAMPIONSHIPS

Teams must compete and qualify through the CIF Regional Championships to participate in the CIF State Championships.

### Financial Criteria and Feasibility for Baseball & Softball Championships

#### Sponsored by the CIF:

- 1. What travel, lodging, and meal reimbursement will be provided to participating schools (please use the CIF Adopted Criteria)?**
  - Reimbursement will follow the CIF's currently adopted criteria for team championships.
- 2. Will this event place any CIF Section event at risk financially?**
  - This event will not place any CIF Section event at risk financially because it takes place after all section championships have been concluded. This event will possibly generate greater excitement in the sport of baseball and softball at the section level and generate additional profit.





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**3. Will this event be a burden on the CIF State budget?**

- The CIF State will work with interested host communities to keep championship expenses in line with the projections and use additional marketing opportunities to supplement the budget.

**4. Please provide a detailed, specific, feasible cost estimate for the operation of this event. Below are the budget estimates for each event:**

Projected State Baseball & Softball Championships based on Regional Championship historical revenue and expense figures		
	Revenue	Expense
Personnel Expenses		\$8,000
Misc Expense/Staff Travel		\$4,000
Awards (CIF Trophy)		\$4,000
Team Travel		\$20,000
Game Officials & Travel		\$25,000
Facility Rentals		\$10,000
Gate	\$20,000	
<b>Total</b>	<b>\$20,000</b>	<b>\$71,000</b>

**5. Please demonstrate using both costs in #4 above and anticipated event revenue how this event may be sustained economically over many years.**

- This event will run at a deficit, but Regional Baseball currently generates approximately \$42,000 in revenue annually and Regional Softball currently is a net neutral sport. Taking into account the anticipated budget shortfall for CIF State Baseball & Softball, the combined net loss for these sports is estimated to be \$9,000.

**6. Is the current CIF State Office staff capable of managing this event?**

- Yes. The current CIF State Office staff is capable of managing this event.

**7. Is there capable staff available to support the CIF State Office in the operation of this event?**

- Yes. The State office staff currently has adequate resources to staff the event.

**Philosophical Criteria for New Events:**

**1. How does this event contribute to the goals of the CIF (i.e., a new event may enhance gender equity, economic stability and enhance the awareness of values taught through sport)?**

- This event would bring the top teams from each region to compete in an even larger scale event than their own section and regional championships. It's another opportunity for boys and girls to have "state" level competition in the





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sports of Baseball & Softball as other sports currently do (Basketball, Volleyball, Football, etc).

## Qualifying Participation Criterion for a Regional Championship:

1. **Do 50% of all CIF sections participate in the sport in the same season?**
  - All 10 CIF Sections participate in the Spring.

## Other Questions:

1. **How will this event benefit participating schools and students?**
  - This event will give boys and girls the opportunity for post-region championship opportunities not currently available in Baseball & Softball.
2. **Do the proposed dates conflict with state mandated testing?**
  - The proposed dates are currently used for playoff opportunities in other sports. No conflict with state testing is anticipated.
3. **Does the event cause additional loss of instructional time? If so, has any thought been given to mitigating this loss (Saturdays, evenings, vacation time)?**
  - The State event will follow a schedule similar to many of the other state level events. Depending on travel, there may be some loss of instructional time, but every effort will be made to minimize lost class time.
4. **How, specifically, will this event be a demonstration of the value of participation in high school athletics?**
  - All CIF events are conducted with the above in mind. This event can give CIF member schools another opportunity to demonstrate that competitions can be played fairly and with great sportsmanship. It is also an additional avenue for our member schools to promote the best values of educational athletics.
5. **Will the proposed event lend itself to a partnership between the State CIF and a CIF Section? If so, the nature of the partnership must be detailed. What are the duties and responsibilities of the State and Section entities?**
  - All duties and responsibilities proposed by the addition of a State Baseball & Softball Championships will be conducted by the CIF state office. The state office will assume financial responsibility of profit and/or loss of the event.
6. **Will there be any ancillary activities associated with the event to make it more attractive and reflective of the goals and mission of CIF (i.e., training for coaches, sportsmanship activities for schools)?**
  - None anticipated.





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## ARTICLE 150 BASEBALL

### 1500. PITCHING LIMITATION RULE – 30 OUTS

Sections shall adopt the following baseball pitching limitation rule: 30 outs and/or three (3) appearances in a calendar week through the season.

- A. The calendar week begins on Monday.
- B. Innings pitched in a no game (i.e., rainout, power failure, etc.) shall count toward the total.
- C. If the 30th out involves a double or triple play, the team will not be penalized.
- D. An appearance is defined as a pitcher pitching at least one (1) pitch. If a pitcher is removed from the mound to another position or to the dugout and later returns to pitch in the same game, the pitcher will be charged with a second appearance.
- E. Any violation constitutes a forfeit of the contest.

### 1501. PITCHING LIMITATION RULE – PITCH COUNT

In addition to 1500 above, Sections shall adopt the following baseball pitching limitation rule with respect to pitch count and required days of rest:

Pitch count limits and required rest:

Level	Maximum Contest Pitch Limit	0 Days Rest Required	1 Day Rest Required	2 Days Rest Required	3 Days Rest Required
Varsity	110 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches
Freshman; F/S; JV	90 Pitches	1-30 Pitches	31-50 Pitches	51-75 Pitches	76+ Pitches

- A. A pitcher may finish the current batter if the Maximum Contest Pitch Limit is reached during that at-bat.
- B. Pitches thrown and appearances made in a no game (i.e., rainout, power failure, etc.) shall count toward the totals.
- C. At the end of each half inning, the head coaches will confirm and both team score books will record the pitch count for all pitchers who threw a pitch in that half inning. In the case of a discrepancy, the home score book is considered the official score book.
- D. Each school must keep a record of all pitches thrown by each of their players in each game and make this available to their respective Section Office upon request.
- E. Any violation constitutes a forfeit of the contest.

(Approved January 2017 Federated Council)

### 1502. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Revised to include lacrosse November 2000 Federated Council)

### 1503. PROTECTIVE EQUIPMENT

It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

**NOTE:** NFHS rules govern use of protective equipment by a player/student.

(Approved January 2015 Federated Council)

### 1504. REGIONAL CHAMPIONSHIPS

A Regional Championship will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament.

(Approved January 2020 Federated Council)





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**1505. BASEBALL STATE CHAMPIONSHIP**

A State Championship will be held following the CIF Regional Championship. The Regional Champions will compete for the State Championship.

## ARTICLE 260

### SOFTBALL

**2800. LENGTH OF GAME**

Sections are authorized to limit junior varsity softball games to seven (7) innings or a maximum of two (2) hours (no new inning shall begin after two (2) hours have expired from the start of the game), whichever comes first.

**2801. OFFICIAL NATIONAL FEDERATION AUTHENTICATION MARK**

Only balls with the National Federation authentication mark shall be used in the sports of baseball, basketball, field hockey, football, lacrosse, soccer, softball, volleyball and water polo.

(Revised to include lacrosse November 2000 Federated Council)

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It is required that adult base coaches wear a protective helmet. Play will not continue until compliance with this rule is met. It is recommended that the helmet meet NOCSAE standards.

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(Approved January 2015 Federated Council)

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A Regional Championship will be held following the completion of Section playoffs. The CIF Seeding Committee will determine the divisional placement of the Section entries for their respective regional tournament.

(Approved January 2020 Federated Council)

**2804. SOFTBALL STATE CHAMPIONSHIP**

A State Championship will be held following the CIF Regional Championship. The Regional Champions will compete for the State Championship.





**2026-2029 NORTH COAST SECTION CHAMPIONSHIP SCHEDULE**

LAST UPDATED: BN 10/20/2025 APPROVED BOM:

**ATTACHMENT B**

<b><u>PRACTICE DATES</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
FALL	Aug. 10	Aug. 9	Aug. 7
WINTER	Nov. 2	Nov. 1	Oct. 30
SPRING	Feb. 8	Feb. 7	Feb. 5
Start of Summer Period	June 1	June 1	June 1

<b><u>FALL SOCCER</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	Oct. 31	Oct. 30	Oct. 28
Final date for competition other than NCS or CIF championships	Oct. 31	Oct. 30	Oct. 28
NCS postseason applications due (automatic & at-large)	Oct. 31 (10 PM)	Oct. 30 (10 PM)	Oct. 28 (10 PM)
At-Large & Seeding Meeting	Nov. 1	Oct. 31	Oct. 29
NCS Fall Soccer Championships	Nov. 4, 6, 7, 11, 13, 14	Nov. 3, 5, 6, 10, 12, 13	Nov. 1, 3, 4, 8, 10, 11

<b><u>GIRLS' GOLF</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	Oct. 20	Oct. 19	Oct. 17
Final date for competition other than NCS or CIF Championships	Oct. 20	Oct. 19	Oct. 17
NCS postseason applications due (automatic & at-large)	Oct. 20 (8 PM)	Oct. 19 (8 PM)	Oct. 17 (8 PM)
At-Large meeting	Oct. 21	Oct. 20	Oct. 18
NCS Division 2 Championship/Individual Qualifier (pending course availability)	Oct. 26	Oct. 25	Oct. 23
NCS Division 1 Championship (pending course availability)	Nov. 2	Nov. 1	Oct. 30
Nor-Cal Golf Championships	Nov. 9	Nov. 8	Nov. 6
CIF State Championships	Nov. 18	Nov. 17	Nov. 15

<b><u>WATER POLO</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	Oct. 31	Oct. 30	Oct. 28
Final date for competition other than NCS Championships	Oct. 31	Oct. 30	Oct. 28
NCS postseason applications due (automatic & at-large)	Oct. 31 (9 PM)	Oct. 30 (9 PM)	Oct. 28 (9 PM)
At-Large & Seeding Meeting	Nov. 1	Oct. 31	Oct. 29
NCS Water Polo Championships	Nov. 4, 5, 7, 11, 14	Nov. 3, 4, 6, 10, 13	Nov. 1, 2, 4, 8, 11
Nor-Cal Championships	Nov. 17, 19, 21	Nov. 16, 18, 20	Nov. 14, 16, 18

<b><u>CROSS COUNTRY</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Final date for competition other than NCS or CIF Championships	Nov. 14	Nov. 13	Nov. 11
NCS entries due	Nov. 15 (11:59 PM)	Nov. 14 (11:59 PM)	Nov. 12 (11:59 PM)
NCS Championships	Nov. 21	Nov. 20	Nov. 18
CIF State Championships	Nov. 28	Nov. 27	Nov. 25

<b><u>GIRLS' VOLLEYBALL</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	Oct. 24	Oct. 23	Oct. 21
Final date for competition other than NCS or CIF Championships	Oct. 24	Oct. 23	Oct. 21
NCS postseason applications due (automatic & at-large)	Oct. 24 (10 PM)	Oct. 23 (10 PM)	Oct. 21 (10 PM)
At-large & Seeding Meeting	Oct. 25	Oct. 24	Oct. 22
Division 1, 3, 5 NCS Championships	Oct. 27, 31, Nov. 4, 7	Oct. 26, 30, Nov. 3, 6	Oct. 24, 28, Nov. 1, 4
Division 2, 4, 6 NCS Championships	Oct. 28, 31, Nov. 4, 7	Oct. 27, 30, Nov. 3, 6	Oct. 25, 28, Nov. 1, 4
Open Division NCS Championships	Oct. 28, Nov. 4, 7	Oct. 27, Nov. 3, 6	Oct. 25, Nov. 1, 4
Nor-Cal Championships	Nov. 10, 11, 12, 14, 17	Nov. 9, 10, 11, 13, 16	Nov. 7, 8, 9, 11, 14
CIF State Championships	Nov. 20-21	Nov. 19-20	Nov. 17-18

<b><u>GIRLS' TENNIS</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers in team tennis	Nov. 7 (Team only)	Nov. 6 (Team only)	Nov. 4 (Team only)
Final date for team competition other than NCS Championships	Nov. 7 (Team only)	Nov. 6 (Team only)	Nov. 4 (Team only)
Deadline for leagues to determine qualifiers for singles/doubles	Nov. 11	Nov. 10	Nov. 8
Final date for singles/doubles competition other than NCS Championships	Nov. 11	Nov. 10	Nov. 8
NCS postseason singles/doubles applications due	Nov. 11 (9 PM)	Nov. 10 (9 PM)	Nov. 8 (9 PM)
At-large Meeting (Singles)	Nov. 12	Nov. 11	Nov. 9
Singles/Doubles Championships	Nov. 16-17	Nov. 15-16	Nov. 13-14
NCS postseason team applications due (automatic & at-large)	Nov. 7 (9 PM)	Nov. 6 (9 PM)	Nov. 4 (9 PM)
At-Large & Seeding Meeting (Team Tennis)	Nov. 8	Nov. 7	Nov. 5
Team Tennis Championships – Divisions Open, 1 & 2	Nov. 10, 12, 14	Nov. 9, 11, 13	Nov. 7, 9, 11
Nor-Cal Team Tennis Championships (*play-in dates for Oak/SF)	Nov. 17*, 20-21	Nov. 16*, 19-20	Nov. 14*, 17-18
CIF State Championships	Nov. 28	Nov. 27	Nov. 25

<b><u>GIRLS' FLAG FOOTBALL</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	Oct. 24	Oct. 23	Oct. 21
Final date for competition other than NCS Championships	Oct. 24	Oct. 23	Oct. 21
NCS postseason applications due (automatic & at-large)	Oct. 24 (10 PM)	Oct. 23 (10 PM)	Oct. 21 (10 PM)
At-large & Seeding Meeting	Oct. 25	Oct. 24	Oct. 22
NCS Championships	Oct. 27, 29, Nov. 3, 5	Oct. 26, 28, Nov. 2, 4	Oct. 24, 26, 31, Nov. 2

<b><u>FOOTBALL</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
First date for helmet acclimation period	July 22	July 21	July 19
First date schools can play a scrimmage, provided individuals have had at least 10 days of practice	Aug. 21 or 22	Aug. 20 or 21	Aug. 18 or 19
First date schools can play a game, provided the team has had at least 14 days of practice and individuals have had at least 10 days of practice	Aug. 26	Aug. 25	Aug. 23
Deadline for leagues to determine qualifiers to NCS Championships	Nov. 7	Nov. 6	Nov. 4
Final date for games other than NCS Championships	Nov. 7	Nov. 6	Nov. 4
NCS postseason applications due (automatic & at-large)	Nov. 7 (10 PM)	Nov. 6 (10 PM)	Nov. 4 (10 PM)
At-large & Seeding Meeting	Nov. 8	Nov. 7	Nov. 5
Division 1-7, Open & 8-person first round	Nov. 13-14	Nov. 12-13	Nov. 10-11
Division 1-7 semifinals, Open & 8-person Championships	Nov. 20-21	Nov. 19-20	Nov. 17-18
Division 1-7 Championships	Nov. 27-28	Nov. 26-27	Nov. 24-25
Nor-Cal Regional Football games	Dec. 4-5	Dec. 3-4	Dec. 1-2
CIF State Bowl Games	Dec. 11-12	Dec. 10-11	Dec. 8-9

<b><u>BASKETBALL</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Foundation Games	Nov. 24	Nov. 23	Nov. 21
Deadline for leagues to determine qualifiers	Feb. 13	Feb. 12	Feb. 10
Final date for competition other than NCS Championships	Feb. 13	Feb. 12	Feb. 10
NCS postseason applications due (automatic & at-large)	Feb. 13 (10 PM)	Feb. 12 (10 PM)	Feb. 10 (10 PM)
At-Large & Seeding Meeting	Feb. 14	Feb. 13	Feb. 11
Division 1-3-5 first round games	Feb. 16	Feb. 15	Feb. 13
Division 2-4-6 first round games	Feb. 17	Feb. 16	Feb. 14
Open Division first round games	Feb. 18	Feb. 17	Feb. 15
Division 1-3-5 quarterfinal games	Feb. 19	Feb. 18	Feb. 16
Division 2-4-6 quarterfinal games	Feb. 20	Feb. 19	Feb. 17
Division 1-3-5 semifinal games	Feb. 23	Feb. 22	Feb. 20
Open Division, Division 2-4-6 semifinal games	Feb. 24	Feb. 23	Feb. 21
Open Division, Division 1-6 NCS Championships	Feb. 26-27	Feb. 25-26	Feb. 23-24

<b>BASKETBALL, cont'd</b>	<b>2026-27</b>	<b>2027-28</b>	<b>2028-29</b>
Nor-Cal Championships	Mar. 2, 3, 4, 6, 9	Feb. 29, Mar. 1, 2, 4, 7	Feb. 27, 28, Mar. 1, 3, 6
CIF State Championships	Mar. 12-13	Mar. 10-11	Mar. 9-10

<b>TCC</b>	<b>2026-27</b>	<b>2027-28</b>	<b>2028-29</b>
NCS entries deadline	Dec. 18 (1 PM)	Dec. 17 (1 PM)	Dec. 15 (1 PM)
NCS Championships	Jan. 16	Jan. 15	Jan. 13
CIF State Championships	TBA	TBA	TBA

<b>WINTER SOCCER</b>	<b>2026-27</b>	<b>2027-28</b>	<b>2028-29</b>
Deadline for leagues to determine qualifiers	Feb. 13	Feb. 12	Feb. 10
Final date for competition other than NCS or CIF Championships	Feb. 13	Feb. 12	Feb. 10
NCS postseason applications due (automatic & at-large)	Feb. 13 (10 PM)	Feb. 12 (10 PM)	Feb. 10 (10 PM)
At-Large & Seeding Meeting	Feb. 14	Feb. 13	Feb. 11
Open Division NCS Championships	Feb. 20, 27	Feb. 19, 26	Feb. 17, 24
Division 1 & 4 NCS Championships	Feb. 17, 20, 24, 26-27	Feb. 16, 19, 23, 25-26	Feb. 14, 17, 21, 23-24
Division 2 & 3 NCS Championships	Feb. 16, 19, 23, 26-27	Feb. 15, 18, 22, 25-26	Feb. 13, 16, 20, 23-24
Nor-Cal Championships	Mar. 2, 4, 6	Feb. 29, Mar. 2, 4	Feb. 27, Mar. 1, 3
CIF State Championships	Mar. 12-13	Mar. 10-11	Mar. 9-10

<b>WRESTLING</b>	<b>2026-27</b>	<b>2027-28</b>	<b>2028-29</b>
Final date for competition other than league individual qualifying tournament or NCS and CIF Championships	Jan. 27	Jan. 26	Jan. 24
Deadline for leagues to determine Dual Team qualifiers & at-large applications due	Jan. 27 (10 PM)	Jan. 26 (10 PM)	Jan. 24 (10 PM)
Boys/Girls Dual Team Championships	Jan. 30	Jan. 29	Jan. 27
Final date for League Individual Qualifying Tournament	Feb. 6	Feb. 5	Feb. 3
Seeding Meeting for Boys Divisional Tournament	Feb. 8 (6 PM)	Feb. 7 (6 PM)	Feb. 5 (6 PM)
Seeding Meeting for Girls Divisional Tournament	Feb. 9 (6 PM)	Feb. 8 (6 PM)	Feb. 6 (6 PM)
NCS Divisional Tournaments	Feb. 12-13	Feb. 11-12	Feb. 9-10
NCS Championship Tournament	Feb. 19-20	Feb. 18-19	Feb. 16-17
CIF State Championships	Feb. 25-27	Feb. 24-26	Feb. 22-24

<b>CO-ED BADMINTON</b>	<b>2026-27</b>	<b>2027-28</b>	<b>2028-29</b>
Deadline for leagues to determine qualifiers (Team and Individual)	May 8	May 6	May 5
Final date for competition other than NCS/CIF Championships	May 8	May 6	May 5
NCS entries deadline (Team and Individual)	May 9	May 7	May 6
NCS bracket development	May 9	May 7	May 6
NCS Team Championships	May 12	May 10	May 9
NCS Individual Championships	May 15	May 13	May 12
CIF Nor-Cal Individual Championships	May 22	May 20	May 19

<b>BASEBALL</b>	<b>2026-27<sup>^</sup></b>	<b>2027-28<sup>^</sup></b>	<b>2028-29</b>
Deadline for leagues to determine qualifiers	May 15	May 12	TBA
Final date for competition other than NCS Championships	May 15	May 12	TBA
NCS postseason applications due (automatic & at-large)	May 15 (10 PM)	May 12 (10 PM)	TBA
At-Large & Seeding Meeting	May 16	May 13	TBA
Division 1, 3, 5 first round games	May 18	May 16	TBA
Division 2, 4, 6 first round games	May 19	May 17	TBA
Division 1, 3, 5 quarterfinal games	May 21	May 19	TBA
Division 2, 4, 6 quarterfinal games	May 22	May 20	TBA
Division 1, 3, 5 semifinal games	May 25	May 23	TBA
Division 2, 4, 6 semifinal games	May 26	May 24	TBA
Division 1-6 NCS Championships	May 28-29	May 26-27	TBA
Nor-Cal Championships	June 1, 3, 5	May 30, June 1, 3	TBA

<sup>^</sup>These years would also be affected by the CIF vote.

<b>BASEBALL</b>	<b><u>2028-29, if CIF State Champ Proposal is adopted</u></b>	<b><u>2028-29, if CIF State Champ Proposal is not adopted</u></b>
Deadline for leagues to determine qualifiers	May 5	May 11
Final date for competition other than NCS Championships	May 5	May 11
NCS postseason applications due (automatic & at-large)	May 5 (10 PM)	May 11 (10 PM)
At-Large & Seeding Meeting	May 6	May 12
Division 1, 3, 5 first round games	May 8	May 15
Division 2, 4, 6 first round games	May 9	May 16
Division 1, 3, 5 quarterfinal games	May 11	May 18
Division 2, 4, 6 quarterfinal games	May 12	May 19
Division 1, 3, 5 semifinal games	May 15	May 22
Division 2, 4, 6 semifinal games	May 16	May 23
Division 1-6 NCS Championships	May 18-19	May 25-26
Nor-Cal Championships	May 22, 24, 26	May 29, 31, June 2
CIF State Championships	June 1-2	NA

<b>COMPETITIVE SPORT CHEER (STUNT)</b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	April 27	May 2	May 1
Final date for competition other than NCS or CIF Championships	April 27	May 2	May 1
NCS postseason applications due (automatic & at-large)	April 27 (10 PM)	May 2 (10 PM)	May 1 (10 PM)
At-large & Seeding Meeting	April 28	May 3	May 2
NCS Championships	April 30-May 1	May 5-6	May 4-5
CIF State Invitational Championship	May 7-8	May 12-13	May 11-12

<b>BOYS' GOLF</b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 4	May 2	May 1
Final date for competition other than NCS or CIF Championships	May 4	May 2	May 1
NCS postseason applications due (automatic & at-large)	May 4 (8 PM)	May 2 (8 PM)	May 1 (8 PM)
At-large Meeting	May 5	May 3	May 2
NCS Division 2 Championship/Individual Qualifier (pending course availability)	May 10	May 8	May 7
NCS Division 1 Championship (pending course availability)	May 17	May 15	May 14
Nor-Cal Golf Championships	May 24	May 22	May 21
CIF State Championships	June 1	May 30	May 29

<b>LACROSSE</b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 1	April 29	April 28
Final date for competition other than NCS or CIF Championships	May 1	April 29	April 28
NCS postseason applications due (automatic & at-large)	May 1 (10 PM)	April 29 (10 PM)	April 28 (10 PM)
At-Large & Seeding Meeting	May 2	April 30	April 29
NCS Championships	May 4, 6, 11, 13	May 2, 4, 9, 11	May 1, 3, 8, 10

<b>SPRING SOCCER</b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 1	April 29	April 28
Final date for competition other than NCS or CIF Championships	May 1	April 29	April 28
NCS postseason applications due (automatic & at-large)	May 1 (10 PM)	April 29 (10 PM)	April 28 (10 PM)
At-Large & Seeding Meeting	May 2	April 30	April 29
NCS Championships	May 4, 6, 11, 13	May 2, 4, 9, 11	May 1, 3, 8, 10

<b>SOFTBALL</b>	<b><u>2026-27<sup>^</sup></u></b>	<b><u>2027-28<sup>^</sup></u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 15	May 12	TBA
Final date for competition other than NCS Championships	May 15	May 12	TBA
NCS postseason applications due (automatic & at-large)	May 15 (10 PM)	May 12 (10 PM)	TBA
At-Large & Seeding Meeting	May 16	May 13	TBA
Division I- 6 first round games	May 18-19	May 16-17	TBA
Division I- 6 quarterfinal games	May 21-22	May 19-20	TBA

Division I- 6 semifinal games	May 25-26	May 23-24	TBA
Division I- 6 NCS Championship games	May 28-29	May 26-27	TBA
Nor-Cal Championships	June 1, 3, 5	May 30, June 1, 3	TBA

^These years would also be affected by the CIF vote.

<b><u>SOFTBALL</u></b>	<b><u>2028-29, if CIF State Champ Proposal is adopted</u></b>	<b><u>2028-29, if CIF State Champ Proposal is not adopted</u></b>
Deadline for leagues to determine qualifiers	May 5	May 11
Final date for competition other than NCS Championships	May 5	May 11
NCS postseason applications due (automatic & at-large)	May 5 (10 PM)	May 11 (10 PM)
At-Large & Seeding Meeting	May 6	May 12
Division 1, 3, 5 first round games	May 8	May 15
Division 2, 4, 6 first round games	May 9	May 16
Division 1, 3, 5 quarterfinal games	May 11	May 18
Division 2, 4, 6 quarterfinal games	May 12	May 19
Division 1, 3, 5 semifinal games	May 15	May 22
Division 2, 4, 6 semifinal games	May 16	May 23
Division 1-6 NCS Championships	May 18-19	May 25-26
Nor-Cal Championships	May 22, 24, 26	May 29, 31, June 2
CIF State Championships	June 1-2	NA

<b><u>SWIMMING &amp; DIVING</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 1	April 29	April 28
Final date for competition other than NCS Championships	May 1	April 29	April 28
NCS entries due	May 2 (1:15 PM)	April 30 (1:15 PM)	April 29 (1:15 PM)
Seeding Meeting	May 3	May 1	April 30
*Diving Championships	May 6	May 4	May 3
*Swimming trials	May 7	May 5	May 4
Swimming Championships	May 8	May 6	May 5
CIF State Championships	May 13-15	May 11-13	May 10-12
*When the venue for the swimming and diving championship allows both activities to be held in the same location, the diving championships will be held on the same day as the swimming trials.			

<b><u>BOYS' TENNIS</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 5	May 3	May 2
Final date for competition other than NCS Championships	May 5	May 3	May 2
NCS postseason singles/doubles applications due	May 5 (9 PM)	May 3 (9 PM)	May 2 (9 PM)
At-large Meeting (Singles)	May 6	May 4	May 3
Singles/Doubles Championships	May 7-8	May 5-6	May 4-5
NCS postseason team applications due (automatic & at-large)	May 5 (9 PM)	May 3 (9 PM)	May 2 (9 PM)
At-Large & Seeding Meeting (Team Tennis)	May 8	May 7	May 6
Team Tennis Championships – Division 1 & 2	May 11, 13, 15	May 9, 11, 13	May 8, 10, 12
Nor-Cal Team Tennis Championships (*play-in dates for Oak/SF)	May 18*, 21-22	May 16*, 19-20	May 15*, 18-19
CIF State Championships	May 29	May 27	May 26

<b><u>TRACK AND FIELD</u></b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 8	May 6	May 5
Final date for competition other than NCS or CIF Championships	May 8	May 6	May 5
Class A Championships	May 15	May 13	May 12
Area Meets (Redwood Empire, Bay Shore & Tri-Valley)	May 15	May 13	May 12
NCS Meet of Champions	May 21-22	May 19-20	May 18-19
CIF State Championships	May 28-29	May 26-27	May 25-26

<b>BOYS' VOLLEYBALL</b>	<b><u>2026-27</u></b>	<b><u>2027-28</u></b>	<b><u>2028-29</u></b>
Deadline for leagues to determine qualifiers	May 1	April 29	April 28
Final date for competition other than NCS or CIF Championships	May 1	April 29	April 28
NCS postseason applications due (automatic & at-large)	May 1 (10 PM)	April 29 (10 PM)	April 28 (10 PM)
At-Large & Seeding Meeting	May 2	April 30	April 29
NCS Championships	May 4, 6, 11, 13	May 2, 4, 9, 11	May 1, 3, 8, 10
Nor-Cal Championships	May 18, 20, 22	May 16, 18, 20	May 15, 17, 19
CIF State Championships	May 29	May 27	May 26

\*2027 Mother's Day is on May 9<sup>th</sup>. For this weekend the seeding meeting will be on May 8<sup>th</sup>.

\*2028 Mother's Day is on May 14<sup>th</sup>. For this weekend the seeding meeting will be on May 13<sup>th</sup>.

\*2029 Mother's Day is on May 13<sup>th</sup>. For this weekend the seeding meeting will be on May 12<sup>th</sup>.

Proposal #: 17.2025

Title: 8 Person

Football Playoff Cap

Submitted by: Jeff

Bibb, CSD

Implementation Date:

Date: 10/15/2025

**Vote: 22-0-2 - Vote to SAC**



**ATTACHMENT C**

Coach Vote:

BCL / BCL East / BCL West / BCL Central Sports Handbook or  
Constitution / Bylaws

Page, # or letter/location:      Page 30 511H      NCS handbook

Current Rule:

2) One committee in each of the following sports: football, volleyball, water polo, basketball, lacrosse, softball, winter soccer and baseball will be selected to review brackets once the teams are seeded using the following formula:

Proposal:

ADD F. In the sport of 8 person football, Schools with enrollment of 199 or less shall remain in Division 2 playoffs, unless they have petitioned up according to the schedule set by the NCS board of members

Pros:

8-person football was founded as a way for smaller schools with limited player numbers to participate in the game of football. This rule would properly address competitive play equality.

It also improves the chances for 8-

Cons:

person state playoffs, as some sections

are capped. The NCS needs to

differentiate between 11-man football

and 8-man football.

Schools with small enrollments participating in 8-person football would continue to be impacted by playing against larger 8-person teams that are capable of playing 11-man football. The intent of 8-man football continue to be ignored to accommodate established programs that find 8-person football a convenience rather than a critical need.

Notes from meeting: (BAC OFFICE)

Proposal #: 19.2025

Title: 8 person

football. 500

Submitted by: Jeff

Bibb, CSD

Meeting Date:

10/15/2025

**BAC Vote to SAC: 27-0**



**ATTACHMENT D**

Coach Vote:

BCL / BCL East / BCL West / BCL Central Sports Handbook or  
Constitution / Bylaws

Page, # or letter/location:

**Page 26 504H**

**NCS handbook**

f) In the sports of baseball, basketball, flag football, football, lacrosse, soccer, softball, stunt, team tennis, volleyball and water polo, a team shall have compiled either an overall record of at least an equal number of wins and losses, or an overall record of at least an equal number of wins and losses against teams in its base division, or an equal number of wins and losses against teams in league competition in order to participate in the NCS Championships.

Proposal: Add 5) 8 person football playoffs is exempt from .500 requirement

Pros:

8-person football has a small pool of teams to schedule games. There are not many teams that are able to fill a balanced 10 game schedule. Some teams are ranked higher on max prep but are below .500 due to the difficulty of division 1 league. This rule would properly address competitive play equality.

Cons:

Twice, CSD was moved up to division one playoffs despite losing to a higher ranked team that didn't qualify for playoffs due to the .500 rule. This resulted in mismatched first round games such as CSD vs Stuart Hall in 2024/2025 playoffs. This trend will continue.



**NORTH COAST SECTION, CIF  
LEAGUE PROPOSAL FOR SPORTS ADVISORY COMMITTEE REVIEW**

**ATTACHMENT E**

**TABLED AT**

**PREVIOUS**

**MEETING, 29-5**

**League Submitting Proposal:**

NCS Staff

**Vote from the League Regarding Proposal:**

**Date of Requested Implementation:**

Immediate 25-26 school year

**Description of Proposal: (include bylaw revision, if appropriate):**

Baseball and Softball Division 6

In the sports of Baseball and Softball, designate Division 6 as being all schools with an enrollment of less than 200 students. The Division 6 bracket would be an 8-team bracket with only teams designated as Division 6 being allowed to participate in the bracket. The section champion would not advance to the CIF regional tournament.

Schools could decide to petition to a higher division. Once schools petition, they will remain in that division for current and future years.

**Rationale in Support of Proposal:**

This keeps the small school (under 200) in the same division competing against similar sized schools. This is the same enrollment formula as used for basketball and girls' volleyball.

**Possible Objections to Proposal:**

Only an 8-team bracket, all the others are 16.

Why only Division 6 and not other similar sized schools being allowed to do the same in the other divisions.

No CIF Regional berth.

**Income/Expenses Related to Implementation:**

Unknown but there could be less travel involved.

**Attachments:**

Divisions for Baseball and Softball



# 2026 SOFTBALL BASE DIVISIONS

Competitive Equity Base Divisions – 2/5/25  
(NCS Playoff Divisional Brackets 1-6 = Up to 16 Teams Each)

BASE DIVISION 1 – 1850 & ABOVE					
ALAMEDA	1878	DEER VALLEY	2156	LIBERTY	2787
AMADOR VALLEY	2621	DOUGHERTY VALLEY	3050	MONTE VISTA	2043
AMERICAN	2621	DUBLIN	2875	MT. EDEN	1862
ANTIOCH	2130	FOOTHILL	2394	NAPA	1869
BERKELEY	3335	FREEDOM	2468	PITTSBURG	3397
CALIFORNIA	2902	GRANADA	2151	SAN LEANDRO	2532
CASTRO VALLEY	2920	HERITAGE	2567	SAN RAMON VALLEY	1976
CLAYTON VALLEY CHARTER	2375	IRVINGTON	2174	WASHINGTON	1973
COLLEGE PARK	1981	JAMES LOGAN	3126		

BASE DIVISION 2 – 1400-1849					
ANALY	1466	LIVERMORE	1831	SAN RAFAEL	1402
AMERICAN CANYON	1712	MARIA CARRILLO	1587	SANTA ROSA	1554
ARROYO	1431	MISSION SAN JOSE	1796	TAMALPAIS	1489
CARONDELET	1650	MT. DIABLO	1416	TENNYSON	1448
CASA GRANDE	1687	NORTHGATE	1577	UKIAH	1800
EL CERRITO	1453	NOVATO	1400	VINTAGE	1740
HAYWARD	1579	<b>PINER</b>	<b>1438</b>	WINDSOR	1735
<b>JESSE BETHEL</b>	<b>1421</b>	RANCHO COTATE	1760		
LAS LOMAS	1585	REDWOOD	1792		

BASE DIVISION 3 – 1036-1399					
ACALANES	1231	DE ANZA	1053	PETALUMA	1226
ALBANY	1121	<b>ELSIE ALLEN</b>	<b>1044</b>	PINOLE VALLEY	1268
ALHAMBRA	1075	ENCINAL	1105	<b>RICHMOND</b>	<b>1290</b>
ARCATA	1272	EUREKA	1173	SAN LORENZO	1148
ARCHIE WILLIAMS	1142	HERCULES	1062	SAN MARIN	1333
<b>BENICIA</b>	<b>1363</b>	JOHN F KENNEDY F	1248	SONOMA VALLEY	1085
BISHOP O'DOWD	1258	MIRAMONTE	1171	TERRA LINDA	1316
CAMPOLINDO	1338	<b>MONTGOMERY</b>	<b>1249</b>	VALLEJO	1051
CONCORD	1155	<b>NEWARK MEM</b>	<b>1363</b>		

BASE DIVISION 4 – 416-1035					
CARDINAL NEWMAN	566	JUSTIN -SIENA	680	MOREAU CATHOLIC	809
CONVENT/STUART HALL	476	KELSEYVILLE	539	PIEDMONT	794
CREDO	440	LICK-WILMERDING	559	SAINT MARY'S CHS	630
DEL NORTE	925	LOWER LAKE	939	SF UNIVERSITY	489
EMERALD	902	MAKING WAVES	540	SALESIAN COLL. PREP	425
FORT BRAGG	577	MARIN ACADEMY	454	URBAN SCHOOL OF SF	425
FORTUNA	796	MARIN CATHOLIC	718	<b>YGNACIO VALLEY</b>	<b>1032</b>
HEALDSBURG	518	MCKINLEYVILLE	568		
<b>JOHN F KENNEDY R</b>	<b>1033</b>	<b>MIDDLETOWN</b>	<b>418</b>		

BASE DIVISION 5 – 200-415					
ATHENIAN	358	COLLEGE PREP	371	<b>ST. HELENA</b>	<b>415</b>
<b>BAY SCHOOL OF SF</b>	<b>411</b>	HEAD-ROYCE	407	ST. JOSEPH ND	393
BENTLEY	292	HOLY NAMES	260	SAN DOMENICO	392
BEREAN CHRISTIAN	408	HOOPA VALLEY	264	SONOMA ACADEMY	336
BRANSON	395	JOHN SWETT	355	SOUTH FORK	217
CALISTOGA JR/SR	241	OAKLAND MILITARY INST	253	TECHNOLOGY	342
CLEAR LAKE	336	REDWOOD CHRISTIAN	248	UPPER LAKE	308
CLOVERDALE	391	ST. PATRICK/ST. VINCENT	353	<b>WILLITS</b>	<b>397</b>

BASE DIVISION 6 – 199 & BELOW					
ANDERSON VALLEY	132	FREMONT CHRISTIAN	108	RIO LINDO ADVENTIST	133
AVERROES	60	GEYSERVILLE	55	ROUND VALLEY	113
CSD	130	LAYTONVILLE	98	ST. BERNARD'S ACAD.	197
CONTRA COSTA CHRISTIAN	158	MENDOCINO	166	ST. VINCENT	167
CORNERSTONE CHRISTIAN	153	NORTH HILLS CHRISTIAN	47	TOMALES	127
EMERY	161	POINT ARENA	144	VALLEY CHRISTIAN-D	96
FERNDALE	145	POTTER VALLEY	83	WILLITS CHARTER	38



# 2026 BASEBALL BASE DIVISIONS

Competitive Equity Base Divisions (Total Enrollment)

UPDATED 2/5/25

BASE DIVISION 1 - ENROLLMENT 1850+									
ALAMEDA	1878	CASTRO VALLEY	2920	DUBLIN	2875	JAMES LOGAN	3126	SAN LEANDRO	2532
AMADOR VALLEY	2621	CLAYTON VALLEY CHAR.	2375	FOOTHILL	2394	LIBERTY	2787	SAN RAMON VALLEY	1976
AMERICAN	2621	COLLEGE PARK	1981	FREEDOM	2468	MONTE VISTA	2043	WASHINGTON	1973
ANTIOCH	2130	DE LA SALLE	2042	GRANADA	2151	MT EDEN	1862		
BERKELEY	3335	DEER VALLEY	2156	HERITAGE	2567	NAPA	1869		
CALIFORNIA	2902	DOUGHERTY VALLEY	3050	IRVINGTON	2174	PITTSBURG	3397		

BASE DIVISION 2 - ENROLLMENT 1400-1849									
AMERICAN CANYON	1712	HAYWARD	1579	MISSION SAN JOSE	1796	RANCHO COTATE	1760	TENNYSON	1448
ANALY	1466	<b>JESSE BETHEL</b>	<b>1421</b>	MT DIABLO	1416	REDWOOD	1792	UKIAH	1800
ARROYO	1431	LAS LOMAS	1585	NORTHGATE	1577	SAN RAFAEL	1402	VINTAGE	1740
CASA GRANDE	1687	LIVERMORE	1831	NOVATO	1400	SANTA ROSA	1554	WINDSOR	1735
EL CERRITO	1453	MARIA CARRILLO	1587	<b>PINER</b>	<b>1438</b>	TAMALPAIS	1489		

BASE DIVISION 3 - ENROLLMENT 1036-1399									
ALBANY	1121	BISHOP O'DOWD	1258	EUREKA	1175	PETALUMA	1226	TERRA LINDA	1316
ACALANES	1231	CAMPOLINDO	1338	HERCULES	1062	PINOLE VALLEY	1268	VALLEJO	1051
ALHAMBRA	1075	CONCORD	1155	JOHN F. KENNEDY - F	1248	<b>RICHMOND</b>	<b>1290</b>		
ARCATA	1272	DE ANZA	1053	MIRAMONTE	1171	SAN LORENZO	1148		
ARCHIE WILLIAMS	1142	<b>ELSIE ALLEN</b>	<b>1044</b>	<b>MONTGOMERY</b>	<b>1249</b>	SAN MARIN	1333		
<b>BENICIA</b>	<b>1363</b>	ENCINAL	1105	<b>NEWARK MEMORIAL</b>	<b>1363</b>	SONOMA VALLEY	1085		

BASE DIVISION 4 - ENROLLMENT 416-1035									
CARDINAL NEWMAN	566	FORTUNA	796	LICK WILMERDING	559	<b>MIDDLETOWN</b>	<b>418</b>	URBAN SCHOOL	425
CONVENT & STUART HALL	476	GATEWAY	460	LOWER LAKE	939	MOREAU CATHOLIC	809	<b>YGNACIO VALLEY</b>	<b>1032</b>
CREDO	440	HEALDSBURG	518	MAKING WAVES	540	PIEDMONT	794		
DEL NORTE	925	<b>JOHN F. KENNEDY (RICH. 1033)</b>		MARIN ACADEMY	454	SALESIAN	425		
EMERALD	902	JUSTIN-SIENA	680	MARIN CATHOLIC	718	SAN FRANCISCO UNIV	489		
FORT BRAGG	577	KELSEYVILLE	539	MCKINLEYVILLE	568	ST. MARY'S CHS (Berkeley)	630		

BASE DIVISION 5 - ENROLLMENT 200-415									
ATHENIAN SCHOOL	358	CLEAR LAKE	336	INTERNATIONAL	366	SONOMA ACADEMY	336	UPPER LAKE	308
<b>BAY SCHOOL OF S.F.</b>	<b>411</b>	CLOVERDALE	391	JOHN SWETT	355	SOUTH FORK	217	<b>WILLITS</b>	<b>397</b>
BENTLEY UPPER	292	COLLEGE PREPARATORY	371	OAKLAND MILITARY INST	253	<b>ST. HELENA</b>	<b>415</b>		
BEREAN CHRISTIAN	408	DREW SCHOOL	302	REDWOOD CHRISTIAN	248	ST. JOSEPH-NOTRE DAME	393		
BRANSON SCHOOL	395	HEAD-ROYCE SCHOOL	407	ROSELAND COLL PREP	323	ST. PATRICK/ST. VINCENT	353		
CALISTOGA JR/SR	241	HOOPA VALLEY	264	SAN DOMENICO	392	TECHNOLOGY	342		

BASE DIVISION 6 - ENROLLMENT 199 & BELOW									
ANDERSON VALLEY	132	FERNDALE	145	JEWISH COMMUNITY	174	POTTER VALLEY	83	ST. VINCENT DE PAUL	167
CA. SCH. FOR THE DEAF	130	FREMONT CHRISTIAN	108	LAYTONVILLE	98	ROUND VALLEY	113	TOMALES	127
CORNERSTONE CHRISTIAN	153	GEYSERVILLE	55	MENDOCINO	166	S. F. WALDORF	126	VALLEY CHRISTIAN	96
EMERY	161	GRACE CHRISTIAN	83	POINT ARENA	144	ST. BERNARD ACADEMY	197	VICTORY CHRISTIAN	45

P=Petitioned UP

**Bolded Teams have changed divisions from previous year**



**NORTH COAST SECTION, CIF  
LEAGUE PROPOSAL FOR SPORTS ADVISORY COMMITTEE REVIEW**

**ATTACHMENT F  
TABLED AT  
PREVIOUS MEETING,  
31-3**

**League/Management Committee Submitting Proposal:**  
NCS Staff

**Vote from the League/Management Committee Regarding Proposal:**

**Date of Requested Implementation:**  
25-26 School year, Fall Championships

**Description of Proposal: (include bylaw revision, if appropriate)**

Addition of an 8<sup>th</sup> Division in 11 man-football.

There would be no base division for this bracket. Teams would be from D6 and D7 base divisions only.

The Division Champions season would end with the NCS Championship game.

No CIF Regional berth would be allowed from this division.

**Rationale in Support of Proposal:**

This would allow 8 more eligible teams to participate in the post-season.

Schools may only come from base Division 6 or Division 7.

**Possible Objections to Proposal:**

No CIF Regional berth tied to this division.

**Income/Expenses Related to Implementation:**

Additional income from championships, additional expenses.

**Attachments:**

Matrix using 24-25 rankings with the addition of Division 8.



2026 VVAL Freshmen Football Schedule  
(Year 2 of 2 year rotation)

First Day of Practice:

August 10

First date schools can scrimmage

August 21 or 22

First date schools can play a game:

August 26

**Thursday September 10**

Rancho Cotati at Redwood  
Marin Catholic at Petaluma  
Vintage at Windsor  
Casa Grande at American Canyon  
San Marin BYE

**Thursday October 15**

Casa Grande at Marin Catholic  
American Canyon at Rancho Cotate  
Windsor at San Marin  
Petaluma at Redwood  
Vintage BYE

**Thursday September 17**

Windsor at Casa Grande  
Petaluma at Vintage  
Redwood at Marin Catholic  
San Marin at Rancho Cotate  
American Canyon BYE

**Thursday October 22**

Petaluma at American Canyon  
Redwood at Casa Grande  
San Marin at Vintage  
Rancho Cotate at Marin Catholic  
Windsor BYE

**Thursday September 24**

San Marin at Petaluma  
Rancho Cotati at Windsor  
Marin Catholic at American Canyon  
Vintage at Casa Grande  
Redwood BYE

**Thursday October 29**

Rancho Cotate at Vintage  
Casa Grande at San Marin  
American Canyon at Redwood  
Windsor at Petaluma  
Marin Catholic BYE

**Thursday October 1**

American Canyon at Vintage  
Windsor at Marin Catholic  
Petaluma at Rancho Cotate  
Redwood at San Marin  
Casa Grande BYE

**Thursday November 5**

Marin Catholic at San Marin  
Vintage at Redwood  
Casa Grande at Petaluma  
American Canyon at Windsor  
Rancho Cotati BYE

**Thursday October 8**

Redwood at Windsor  
San Marin at American Canyon  
Rancho Cotate at Casa Grande  
Marin Catholic at Vintage  
Petaluma BYE

Vine Valley Athletic League  
Girls Golf Schedule 2026

First Day of Practice: August 10  
 Number of Contests Allowed: 22  
 Pre-Season Meeting: August 3, 2026 7:00 p.m at Sonoma Valley HS

**Tuesday September 1**

Sonoma Valley at Justin Siena  
 Casa Grande at Napa  
 Vintage at Petaluma  
 American Canyon BYE

**Thursday September 24**

Justin Siena at Sonoma Valley  
 Napa at Casa Grande  
 Petaluma at Vintage  
 American Canyon BYE

**Thursday September 3**

Justin Siena at Napa  
 Petaluma at Sonoma Valley  
 American Canyon at Casa Grande  
 Vintage BYE

**Tuesday September 29**

Napa at Justin Siena  
 Sonoma Valley at Petaluma  
 Casa Grande at American Canyon  
 Vintage BYE

**Tuesday September 8**

Napa at Petaluma  
 Justin Siena at American Canyon  
 Sonoma Valley at Vintage  
 Casa Grande Bye

**Thursday October 1**

Petaluma at Napa  
 American Canyon at Justin Siena  
 Vintage at Sonoma Valley  
 Casa Grande BYE

**Thursday September 10**

Petaluma at American Canyon  
 Napa at Vintage  
 Casa Grande at Justin Siena  
 Sonoma Valley BYE

**Tuesday October 6**

American Canyon at Petaluma  
 Vintage at Napa  
 Justin Siena at Casa Grande  
 Sonoma Valley BYE

**Tuesday September 15**

Vintage at American Canyon  
 Petaluma at Casa Grande  
 Napa at Sonoma Valley  
 Justin Siena BYE

**Thursday October 8**

American Canyon at Vintage  
 Casa Grande at Petaluma  
 Sonoma Valley at Napa  
 Justin Siena BYE

**Thursday September 17**

Casa Grande at Vintage  
 American Canyon at Sonoma Valley  
 Justin Siena at Petaluma  
 Napa BYE

**Tuesday October 13**

Vintage at Casa Grande  
 Sonoma Valley at American Canyon  
 Petaluma at Justin Siena  
 Napa BYE

**Tuesday September 22**

Sonoma Valley at Casa Grande  
 Vintage at Justin Siena  
 American Canyon at Napa  
 Petaluma BYE

**Thursday October 15**

Casa Grande at Sonoma Valley  
 Justin Siena at Vintage  
 Napa at American Canyon  
 Petaluma BYE

VVAL Golf Championship Tournament @ TBA

October 19

Deadline for leagues to determine qualifiers

October 20

Final date for competition other than NCS or CIF Championships

October 20

NCS postseason applications due (automatic & at-large)

October 20 (8:00 p.m.)

At-Large meeting

October 21

NCS Division 2 Championship/Individual Qualifier

October 26

NCS Division 1 Championship

November 2

Nor-Cal Golf Championships

November 9

CIF State Championships

November 18

RO 10/25/2025

## **Vine Valley Athletic League Cross Country Schedule 2026**

First Day of Practice:	August 10, 2026
Number of Scrimmages	Allowed: 2
Number of Contests	Allowed: 14
Pre-Season Meeting:	August 3, 2026 -7:00 p.m.; Sonoma Valley

### **VVAL CENTER MEETS**

#### **Wednesday, September 23rd**

Location: TBA  
Hosted by Vintage High School  
Start time 3:30 pm

#### **Wednesday, October 7th**

Location: TBA  
Hosted by Petaluma High School  
Start time 3:30 pm

#### **Wednesday, October 21st**

Location: TBA  
Hosted by Napa High School  
Start time: 3:30 pm

#### **Saturday, November 7th**

VVAL Championship  
Location: TBA  
Hosted by Casa Grande High School  
Start time: 9:00 am

NCS/Les Schwab Tires Championships

Final date for competition

November 14

NCS Entries Due

November 15 (11:59 p.m.)

NCS Championships:

November 21

CIF Cross Country Championships:

November 28

# Vine Valley Athletic League Water Polo Schedule 2026

First Day of Practice: August 10  
Number of contests allowed: 24 Matches - 2 Scrimmages  
Pre-Season Meeting: August 3, 2026 - 7:00 p.m. @ Sonoma Valley H.S.  
Match Times: Var Girls 5:00 Var Boys 6:00 ( With No JV )  
Var Girls 4:00 Var Boys 5:00 JV Girls 6:00 JV Boys 7:00

## Thursday, September 10

Ukiah at Napa  
American Canyon at Sonoma Valley  
Justin Siena at Cardinal Newman  
Vintage at Petaluma

## Thursday September 17

American Canyon at Ukiah  
Justin Siena at Napa  
Vintage at Sonoma Valley  
Petaluma at Cardinal Newman

## Thursday, September 24

Ukiah at Vintage  
Justin Siena at American Canyon  
Cardinal Newman at Sonoma Valley  
Napa at Petaluma

## Thursday October 1

Cardinal Newman at Ukiah  
Vintage at Justin Siena  
Sonoma Valley at Napa  
Petaluma at American Canyon

## Thursday, October 8

Ukiah at Justin Siena  
American Canyon at Vintage  
Napa at Cardinal Newman  
Sonoma Valley at Petaluma

## Thursday, October 15

Sonoma Valley at Ukiah  
Vintage at Napa  
Cardinal Newman at American Canyon  
Petaluma at Justin Siena

## Tuesday, October 20

Cardinal Newman at Vintage  
Sonoma Valley at Justin Siena  
Napa at American Canyon  
Petaluma at Ukiah

## VVAL Championship Tournament

Quarterfinals Thursday October 22 @ Vintage HS  
Semi Finals Tuesday October 27 - @ Vintage HS  
VVAL Championship Thursday October 29 @ Vintage HS

Final date for leagues to determine qualifiers October 31  
At-Large Application Due October 31 (9:00 p.m.)  
NCS At Large meeting November 1  
NCS Water Polo Championship November 4 - 14  
Northern California Water Polo Championships November 17 - 21

# Vine Valley Athletic League Volleybal Schedule 2026

First Day of Practice:	August 10
Number of contests allowed:	24 matches and 2 scrimmages
Match start time	Frosh 4:00 p.m. JV 5:00 p.m. Var 6:00 p.m.
Pre-Season Meeting	August 3, 2026 7:00 p.m. at Sonoma Valley HS

## Tuesday September 1

Sonoma Valley at Justin Siena  
Casa Grande at Napa  
Vintage at Petaluma  
American Canyon BYE

## Thursday September 24

Justin Siena at Sonoma Valley  
Napa at Casa Grande  
Petaluma at Vintage  
American Canyon BYE

## Thursday September 3

Justin Siena at Napa  
Petaluma at Sonoma Valley  
American Canyon at Casa Grande  
Vintage BYE

## Tuesday September 29

Napa at Justin Siena  
Sonoma Valley at Petaluma  
Casa Grande at American Canyon  
Vintage BYE

## Tuesday September 8

Napa at Petaluma  
Justin Siena at American Canyon  
Sonoma Valley at Vintage  
Casa Grande Bye

## Thursday October 1

Petaluma at Napa  
American Canyon at Justin Siena  
Vintage at Sonoma Valley  
Casa Grande BYE

## Thursday September 10

Petaluma at American Canyon  
Napa at Vintage  
Casa Grande at Justin Siena  
Sonoma Valley BYE

## Tuesday October 6

American Canyon at Petaluma  
Vintage at Napa  
Justin Siena at Casa Grande  
Sonoma Valley BYE

## Tuesday September 15

Vintage at American Canyon  
Petaluma at Casa Grande  
Napa at Sonoma Valley  
Justin Siena BYE

## Thursday October 8

American Canyon at Vintage  
Casa Grande at Petaluma  
Sonoma Valley at Napa  
Justin Siena BYE

## Thursday September 17

Casa Grande at Vintage  
American Canyon at Sonoma Valley  
Justin Siena at Petaluma  
Napa BYE

## Tuesday October 13

Vintage at Casa Grande  
Sonoma Valley at American Canyon  
Petaluma at Justin Siena  
Napa BYE

## Tuesday September 22

Sonoma Valley at Casa Grande  
Vintage at Justin Siena  
American Canyon at Napa  
Petaluma BYE

## Thursday October 15

Casa Grande at Sonoma Valley  
Justin Siena at Vintage  
Napa at American Canyon  
Petaluma BYE

VVAL Tournament Semi-Finals (1 vs 4 and 2 vs 3) at Justin Siena

October 20

VVAL Tournament Championship at Justin Siena

October 22

## NCS/Les Schwab Tires Championships

Final Date of Competition other than NCS

October 24

Deadline for League to Determine Automatic Qualifier

October 24

NCS Postseason Applications Due

October 24 - 10:00 p.m.

At Large / Seeding Meeting

October 25

NCS Championships

October 27 - November 7

Nor Cal Championships

November 10 - 17

CIF State Championship

November 20 - 21

Vine Valley Athletic League  
Girls Tennis Schedule 2026

First Day of Practice: August 10  
Number of Contest Allowed 24 + 2 Scrimmages  
Pre Season Meeting: August 3, 2026 - 7:00 p.m. at Sonoma Valley HS

**Thursday September 10**  
Justin Siena at Napa  
Petaluma at Sonoma Valley  
American Canyon at Casa Grande  
Vintage BYE

**Tuesday October 6**  
Napa at Justin Siena  
Sonoma Valley at Petaluma  
Casa Grande at American Canyon  
Vintage BYE

**Tuesday September 15**  
Napa at Petaluma  
Vintage at Sonoma Valley  
Justin Siena at American Canyon  
Casa Grande BYE

**Thursday October 8**  
Petaluma at Napa  
Sonoma Valley at Vintage  
American Canyon at Justin Siena  
Casa Grande BYE

**Thursday September 17**  
Petaluma at American Canyon  
Casa Grande at Justin Siena  
Napa at Vintage  
Sonoma Valley BYE

**Tuesday October 13**  
American Canyon at Petaluma  
Justin Siena at Casa Grande  
Vintage at Napa  
Sonoma Valley BYE

**Tuesday September 22**  
Napa at Sonoma Valley  
Vintage at American Canyon  
Petaluma at Casa Grande  
Justin Siena BYE

**Thursday October 15**  
Sonoma Valley at Napa  
American Canyon at Vintage  
Casa Grande at Petaluma  
Justin Siena BYE

**Thursday September 24**  
Casa Grande at Vintage  
Justin Siena at Petaluma  
American Canyon at Sonoma Valley  
Napa BYE

**Tuesday October 20**  
Vintage at Casa Grande  
Petaluma at Justin Siena  
Sonoma Valley at American Canyon  
Napa BYE

**Tuesday September 29**  
Vintage at Justin Siena  
American Canyon at Napa  
Sonoma Valley at Casa Grande  
Petaluma BYE

**Thursday October 22**  
Justin Siena at Vintage  
Napa at American Canyon  
Casa Grande at Sonoma Valley  
Petaluma BYE

**Thursday October 1**  
Sonoma Valley at Justin Siena  
Casa Grande at Napa  
Vintage at Petaluma  
American Canyon BYE

**Tuesday October 27**  
Justin Siena at Sonoma Valley  
Napa at Casa Grande  
Petaluma at Vintage  
American Canyon BYE

VVAL Singles Tournament: Monday November 2nd, at Vintage and NVTA  
VVAL Doubles Tournament: Tuesday November 3rd, at Vintage and NVTA

Final date for Team Competition other than NCS Championships:	November 7
NCS postseason team applications due (automatic & at-large)	November 7 (9:00 p.m.)
NCS At Large meeting for team tennis	November 8
NCS Team Tennis Championships	November 10, 12, 14
Final date for leagues to determine qualifiers for singles/doubles	November 11
NCS postseason singles/doubles applications due	November 11 (9:00 p.m.)
NCS At Large meeting for singles	November 12
NCS Singles/Doubles Championships	November 16 - 17
CIF Nor Cal Team Tennis Championships	November 20 - 21