# 2026-2029 NORTH COAST SECTION CHAMPIONSHIP SCHEDULE

**LAST UPDATED: BN 8/7/2026 (SEE RED ITEM FOR LATEST UPDATE) APPROVED BOM: 4/17/2026**

| PRACTICE DATES | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| FALL | Aug. 10 | Aug. 9 | Aug. 7 |
| WINTER | Nov. 2 | Nov. 1 | Oct. 30 |
| SPRING | Feb. 8 | Feb. 7 | Feb. 5 |
| Start of Summer Period | June 1 | June 1 | June 1 |

| FALL SOCCER | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | Oct. 31 | Oct. 30 | Oct. 28 |
| Final date for competition other than NCS or CIF championships | Oct. 31 | Oct. 30 | Oct. 28 |
| NCS postseason applications due (automatic & at-large) | Oct. 31 (10 PM) | Oct. 30 (10 PM) | Oct. 28 (10 PM) |
| At-Large & Seeding Meeting | Nov. 1 | Oct. 31 | Oct. 29 |
| NCS Fall Soccer Championships | Nov. 4, 6, 7, 11, 13, 14 | Nov. 3, 5, 6, 10, 12, 13 | Nov. 1, 3, 4, 8, 10, 11 |

| GIRLS' GOLF | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | Oct. 20 | Oct. 19 | Oct. 17 |
| Final date for competition other than NCS or CIF Championships | Oct. 20 | Oct. 19 | Oct. 17 |
| NCS postseason applications due (automatic & at-large) | Oct. 20 (8 PM) | Oct. 19 (8 PM) | Oct. 17 (8 PM) |
| At-Large meeting | Oct. 21 | Oct. 20 | Oct. 18 |
| NCS Division 2 Championship/Individual Qualifier (pending course availability) | Oct. 26 | Oct. 25 | Oct. 23 |
| NCS Division 1 Championship (pending course availability) | Nov. 2 | Nov. 1 | Oct. 30 |
| Nor-Cal Golf Championships | Nov. 9 | Nov. 8 | Nov. 6 |
| CIF State Championships | Nov. 18 | Nov. 17 | Nov. 15 |

| WATER POLO | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | Oct. 31 | Oct. 30 | Oct. 28 |
| Final date for competition other than NCS Championships | Oct. 31 | Oct. 30 | Oct. 28 |
| NCS postseason applications due (automatic & at-large) | Oct. 31 (9 PM) | Oct. 30 (9 PM) | Oct. 28 (9 PM) |
| At-Large & Seeding Meeting | Nov. 1 | Oct. 31 | Oct. 29 |
| NCS Water Polo Championships | Nov. 4, 5, 7, 11, 14 | Nov. 3, 4, 6, 10, 13 | Nov. 1, 2, 4, 8, 11 |
| Nor-Cal Championships | Nov. 17, 19, 21 | Nov. 16, 18, 20 | Nov. 14, 16, 18 |

| CROSS COUNTRY | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Final date for competition other than NCS or CIF Championships | Nov. 14 | Nov. 13 | Nov. 11 |
| NCS entries due | Nov. 15 (11:59 PM) | Nov. 14 (11:59 PM) | Nov. 12 (11:59 PM) |
| NCS Championships | Nov. 21 | Nov. 20 | Nov. 18 |
| CIF State Championships | Nov. 28 | Nov. 27 | Nov. 25 |

| GIRLS' VOLLEYBALL | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | Oct. 24 | Oct. 23 | Oct. 21 |
| Final date for competition other than NCS or CIF Championships | Oct. 24 | Oct. 23 | Oct. 21 |
| NCS postseason applications due (automatic & at-large) | Oct. 24 (10 PM) | Oct. 23 (10 PM) | Oct. 21 (10 PM) |
| At-large & Seeding Meeting | Oct. 25 | Oct. 24 | Oct. 22 |
| Division 1, 3, 5 NCS Championships | Oct. 27, 31, Nov. 4, 7 | Oct. 26, 30, Nov. 3, 6 | Oct. 24, 28, Nov. 1, 4 |
| Division 2, 4, 6 NCS Championships | Oct. 28, 31, Nov. 4, 7 | Oct. 27, 30, Nov. 3, 6 | Oct. 25, 28, Nov. 1, 4 |
| Open Division NCS Championships | Oct. 28, Nov. 4, 7 | Oct. 27, Nov. 3, 6 | Oct. 25, Nov. 1, 4 |
| Nor-Cal Championships | Nov. 10, 11, 12, 14, 17 | Nov. 9, 10, 11, 13, 16 | Nov. 7, 8, 9, 11, 14 |
| CIF State Championships | Nov. 20-21 | Nov. 19-20 | Nov. 17-18 |

| GIRLS' TENNIS | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Deadline for leagues to determine qualifiers in team tennis | Nov. 7 (Team only) | Nov. 6 (Team only) | Nov. 4 (Team only) |
| Final date for team competition other than NCS Championships | Nov. 7 (Team only) | Nov. 6 (Team only) | Nov. 4 (Team only) |
| Deadline for leagues to determine qualifiers for singles/doubles | Nov. 11 | Nov. 10 | Nov. 8 |
| Final date for singles/doubles competition other than NCS Championships | Nov. 11 | Nov. 10 | Nov. 8 |
| NCS postseason singles/doubles applications due | Nov. 11 (9 PM) | Nov. 10 (9 PM) | Nov. 8 (9 PM) |
| At-large Meeting (Singles) | Nov. 12 | Nov. 11 | Nov. 9 |
| Singles/Doubles Championships | Nov. 16-17 | Nov. 15-16 | Nov. 13-14 |
| NCS postseason team applications due (automatic & at-large) | Nov. 7 (9 PM) | Nov. 6 (9 PM) | Nov. 4 (9 PM) |
| At-Large & Seeding Meeting (Team Tennis) | Nov. 8 | Nov. 7 | Nov. 5 |
| Team Tennis Championships – Divisions Open, 1 & 2 | Nov. 10, 12, 14 | Nov. 9, 11, 13 | Nov. 7, 9, 11 |
| Nor-Cal Team Tennis Championships (*play-in dates for Oak/SF) | Nov. 17*, 20-21 | Nov. 16*, 19-20 | Nov. 14*, 17-18 |
| CIF State Championships | Nov. 28 | Nov. 27 | Nov. 25 |

| GIRLS' FLAG FOOTBALL | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | Oct. 24 | Oct. 23 | Oct. 21 |
| Final date for competition other than NCS Championships | Oct. 24 | Oct. 23 | Oct. 21 |
| NCS postseason applications due (automatic & at-large) | Oct. 24 (10 PM) | Oct. 23 (10 PM) | Oct. 21 (10 PM) |
| At-large & Seeding Meeting | Oct. 25 | Oct. 24 | Oct. 22 |
| NCS Championships | Oct. 28, 31, Nov. 4, 7 | Oct. 27, 30, Nov. 3, 6 | Oct. 25, 28, Nov. 1, 4 |

| FOOTBALL | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| First date for helmet acclimation period | July 22 | July 21 | July 19 |
| First date schools can play a scrimmage, provided individuals have had at least 10 days of practice | Aug. 21 or 22 | Aug. 20 or 21 | Aug. 18 or 19 |
| First date schools can play a game, provided the team has had at least 14 days of practice and individuals have had at least 10 days of practice | Aug. 26 | Aug. 25 | Aug. 23 |
| Deadline for leagues to determine qualifiers to NCS Championships | Nov. 7 | Nov. 6 | Nov. 4 |
| Final date for games other than NCS Championships | Nov. 7 | Nov. 6 | Nov. 4 |
| NCS postseason applications due (automatic & at-large) | Nov. 7 (10 PM) | Nov. 6 (10 PM) | Nov. 4 (10 PM) |
| At-large & Seeding Meeting | Nov. 8 | Nov. 7 | Nov. 5 |
| Division 1-7, Open & 8-person first round | Nov. 13-14 | Nov. 12-13 | Nov. 10-11 |
| Division I-7 semifinals, Open & 8-person Championships | Nov. 20-21 | Nov. 19-20 | Nov. 17-18 |
| Division I-7 Championships | Nov. 27-28 | Nov. 26-27 | Nov. 24-25 |
| Nor-Cal Regional Football games | Dec. 4-5 | Dec. 3-4 | Dec. 1-2 |
| CIF State Bowl Games | Dec. 11-12 | Dec. 10-11 | Dec. 8-9 |

| BASKETBALL | 2026-27 | 2027-28 | 2028-29 |
|---|---|---|---|
| Foundation Games | Nov. 24 | Nov. 23 | Nov. 21 |
| Deadline for leagues to determine qualifiers | Feb. 13 | Feb. 12 | Feb. 10 |
| Final date for competition other than NCS Championships | Feb. 13 | Feb. 12 | Feb. 10 |
| NCS postseason applications due (automatic & at-large) | Feb. 13 (10 PM) | Feb. 12 (10 PM) | Feb. 10 (10 PM) |
| At-Large & Seeding Meeting | Feb. 14 | Feb. 13 | Feb. 11 |
| Division 1-3-5 first round games | Feb. 16 | Feb. 15 | Feb. 13 |
| Division 2-4-6 first round games | Feb. 17 | Feb. 16 | Feb. 14 |
| Open Division first round games | Feb. 18 | Feb. 17 | Feb. 15 |
| Division 1-3-5 quarterfinal games | Feb. 19 | Feb. 18 | Feb. 16 |
| Division 2-4-6 quarterfinal games | Feb. 20 | Feb. 19 | Feb. 17 |
| Division 1-3-5 semifinal games | Feb. 23 | Feb. 22 | Feb. 20 |
| Open Division, Division 2-4-6 semifinal games | Feb. 24 | Feb. 23 | Feb. 21 |
| Open Division, Division 1-6 NCS Championships | Feb. 26-27 | Feb. 25-26 | Feb. 23-24 |

| **BASKETBALL, cont'd** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Nor-Cal Championships | Mar. 2, 3, 4, 6, 9 | Feb. 29, Mar. 1, 2, 4, 7 | Feb. 27, 28, Mar. 1, 3, 6 |
| CIF State Championships | Mar. 12-13 | Mar. 10-11 | Mar. 9-10 |

| **TCC** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| NCS entries deadline | Dec. 18 (1 PM) | Dec. 17 (1 PM) | Dec. 15 (1 PM) |
| NCS Championships | Jan. 16 | Jan. 15 | Jan. 13 |
| CIF State Championships | TBA | TBA | TBA |

| **WINTER SOCCER** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | Feb. 13 | Feb. 12 | Feb. 10 |
| Final date for competition other than NCS or CIF Championships | Feb. 13 | Feb. 12 | Feb. 10 |
| NCS postseason applications due (automatic & at-large) | Feb. 13 (10 PM) | Feb. 12 (10 PM) | Feb. 10 (10 PM) |
| At-Large & Seeding Meeting | Feb. 14 | Feb. 13 | Feb. 11 |
| Open Division NCS Championships | Feb. 20, 27 | Feb. 19, 26 | Feb. 17, 24 |
| Division 1 & 4 NCS Championships | Feb. 17, 20, 24, 26-27 | Feb. 16, 19, 23, 25-26 | Feb. 14, 17, 21, 23-24 |
| Division 2 & 3 NCS Championships | Feb. 16, 19, 23, 26-27 | Feb. 15, 18, 22, 25-26 | Feb. 13, 16, 20, 23-24 |
| Nor-Cal Championships | Mar. 2, 4, 6 | Feb. 29, Mar. 2, 4 | Feb. 27, Mar. 1, 3 |
| CIF State Championships | Mar. 12-13 | Mar. 10-11 | Mar. 9-10 |

| **WRESTLING** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Final date for competition other than league individual qualifying tournament or NCS and CIF Championships | Jan. 27 | Jan. 26 | Jan. 24 |
| Deadline for leagues to determine Dual Team qualifiers & at-large applications due | Jan. 27 (10 PM) | Jan. 26 (10 PM) | Jan. 24 (10 PM) |
| Boys/Girls Dual Team Championships | Jan. 30 | Jan. 29 | Jan. 27 |
| Final date for League Individual Qualifying Tournament | Feb. 6 | Feb. 5 | Feb. 3 |
| Seeding Meeting for Boys Divisional Tournament | Feb. 8 (6 PM) | Feb. 7 (6 PM) | Feb. 5 (6 PM) |
| Seeding Meeting for Girls Divisional Tournament | Feb. 9 (6 PM) | Feb. 8 (6 PM) | Feb. 6 (6 PM) |
| NCS Divisional Tournaments | Feb. 12-13 | Feb. 11-12 | Feb. 9-10 |
| NCS Championship Tournament | Feb. 19-20 | Feb. 18-19 | Feb. 16-17 |
| CIF State Championships | Feb. 25-27 | Feb. 24-26 | Feb. 22-24 |

| **CO-ED BADMINTON** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers (Team and Individual) | May 8 | May 6 | May 5 |
| Final date for competition other than NCS/CIF Championships | May 8 | May 6 | May 5 |
| NCS entries deadline (Team and Individual) | May 9 | May 7 | May 6 |
| NCS bracket development | May 9 | May 7 | May 6 |
| NCS Team Championships | May 12 | May 10 | May 9 |
| NCS Individual Championships | May 15 | May 13 | May 12 |
| CIF Nor-Cal Individual Championships | May 22 | May 20 | May 19 |

| **BASEBALL** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 7 | May 6 | May 5 |
| Final date for competition other than NCS Championships | May 7 | May 6 | May 5 |
| NCS postseason applications due (automatic & at-large) | May 7 (10 PM) | May 6 (10 PM) | May 5 (10 PM) |
| At-Large & Seeding Meeting | May 8* | May 7 | May 6 |
| Division 1, 3, 5 first round games | May 11 | May 9 | May 8 |
| Division 2, 4, 6 first round games | May 12 | May 10 | May 9 |
| Division 1, 3, 5 quarterfinal games | May 14 | May 12 | May 11 |
| Division 2, 4, 6 quarterfinal games | May 15 | May 13 | May 12 |
| Division 1, 3, 5 semifinal games | May 18 | May 16 | May 15 |
| Division 2, 4, 6 semifinal games | May 19 | May 17 | May 16 |
| Division 1-6 NCS Championships | May 21-22 | May 19-20 | May 18-19 |
| Nor-Cal Championships | May 25, 27, 29 | May 23, 25, 27 | May 22, 24, 26 |
| CIF State Championships | June 4-5 | June 2-3 | June 1-2 |

| **COMPETITIVE SPORT CHEER (STUNT)** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | April 27 | May 2 | May 1 |
| Final date for competition other than NCS or CIF Championships | April 27 | May 2 | May 1 |
| NCS postseason applications due (automatic & at-large) | April 27 (10 PM) | May 2 (10 PM) | May 1 (10 PM) |
| At-large & Seeding Meeting | April 28 | May 3 | May 2 |
| NCS Championships | April 30-May 1 | May 5-6 | May 4-5 |
| CIF State Invitational Championship | May 7-8 | May 12-13 | May 11-12 |

| **BOYS' GOLF** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 4 | May 2 | May 1 |
| Final date for competition other than NCS or CIF Championships | May 4 | May 2 | May 1 |
| NCS postseason applications due (automatic & at-large) | May 4 (8 PM) | May 2 (8 PM) | May 1 (8 PM) |
| At-large Meeting | May 5 | May 3 | May 2 |
| NCS Division 2 Championship/Individual Qualifier (pending course availability) | May 10 | May 8 | May 7 |
| NCS Division 1 Championship (pending course availability) | May 17 | May 15 | May 14 |
| Nor-Cal Golf Championships | May 24 | May 22 | May 21 |
| CIF State Championships | June 1 | May 30 | May 29 |

| **LACROSSE** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 1 | April 29 | April 28 |
| Final date for competition other than NCS or CIF Championships | May 1 | April 29 | April 28 |
| NCS postseason applications due (automatic & at-large) | May 1 (10 PM) | April 29 (10 PM) | April 28 (10 PM) |
| At-Large & Seeding Meeting | May 2 | April 30 | April 29 |
| NCS Championships | May 4, 6, 11, 13 | May 2, 4, 9, 11 | May 1, 3, 8, 10 |

| **SPRING SOCCER** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 1 | April 29 | April 28 |
| Final date for competition other than NCS or CIF Championships | May 1 | April 29 | April 28 |
| NCS postseason applications due (automatic & at-large) | May 1 (10 PM) | April 29 (10 PM) | April 28 (10 PM) |
| At-Large & Seeding Meeting | May 2 | April 30 | April 29 |
| NCS Championships | May 4, 6, 11, 13 | May 2, 4, 9, 11 | May 1, 3, 8, 10 |

| **SOFTBALL** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 7 | May 6 | May 5 |
| Final date for competition other than NCS Championships | May 7 | May 6 | May 5 |
| NCS postseason applications due (automatic & at-large) | May 7 (10 PM) | May 6 (10 PM) | May 5 (10 PM) |
| At-Large & Seeding Meeting | May 8* | May 7 | May 6 |
| Division I- 6 first round games | May 11-12 | May 9-10 | May 8-9 |
| Division I- 6 quarterfinal games | May 14-15 | May 12-13 | May 11-12 |
| Division I- 6 semifinal games | May 18-19 | May 16-17 | May 15-16 |
| Division I- 6 NCS Championship games | May 21-22 | May 19-20 | May 18-19 |
| Nor-Cal Championships | May 25, 27, 29 | May 23, 25, 27 | May 22, 24, 26 |
| CIF State Championships | June 4-5 | June 2-3 | June 1-2 |

| **SWIMMING & DIVING** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 1 | April 29 | April 28 |
| Final date for competition other than NCS Championships | May 1 | April 29 | April 28 |
| NCS entries due | May 2 (4 PM) | April 30 (4 PM) | April 29 (4 PM) |
| Seeding Meeting | May 3 | May 1 | April 30 |
| *Diving Championships | May 6 | May 4 | May 3 |
| *Swimming trials | May 7 | May 5 | May 4 |
| Swimming Championships | May 8 | May 6 | May 5 |
| CIF State Championships | May 13-15 | May 11-13 | May 10-12 |
| *When the venue for the swimming and diving championship allows both activities to be held in the same location, the diving championships will be held on the same day as the swimming trials. | | | |

| **BOYS' TENNIS** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 5 | May 3 | May 2 |
| Final date for competition other than NCS Championships | May 5 | May 3 | May 2 |
| NCS postseason singles/doubles applications due | May 5 (9 PM) | May 3 (9 PM) | May 2 (9 PM) |
| At-large Meeting (Singles) | May 6 | May 4 | May 3 |
| Singles/Doubles Championships | May 7-8 | May 5-6 | May 4-5 |
| NCS postseason team applications due (automatic & at-large) | May 5 (9 PM) | May 3 (9 PM) | May 2 (9 PM) |
| At-Large & Seeding Meeting (Team Tennis) | May 8 | May 7 | May 6 |
| Team Tennis Championships – Division 1 & 2 | May 11, 13, 15 | May 9, 11, 13 | May 8, 10, 12 |
| Nor-Cal Team Tennis Championships (*play-in dates for Oak/SF) | May 18*, 21-22 | May 16*, 19-20 | May 15*, 18-19 |
| CIF State Championships | May 29 | May 27 | May 26 |

| **TRACK AND FIELD** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 8 | May 6 | May 5 |
| Final date for competition other than NCS or CIF Championships | May 8 | May 6 | May 5 |
| Class A Championships | May 15 | May 13 | May 12 |
| Area Meets (Redwood Empire, Bay Shore & Tri-Valley) | May 15 | May 13 | May 12 |
| NCS Meet of Champions | May 21-22 | May 19-20 | May 18-19 |
| CIF State Championships | May 28-29 | May 26-27 | May 25-26 |

| **BOYS' VOLLEYBALL** | **2026-27** | **2027-28** | **2028-29** |
|---|---|---|---|
| Deadline for leagues to determine qualifiers | May 1 | April 29 | April 28 |
| Final date for competition other than NCS or CIF Championships | May 1 | April 29 | April 28 |
| NCS postseason applications due (automatic & at-large) | May 1 (10 PM) | April 29 (10 PM) | April 28 (10 PM) |
| At-Large & Seeding Meeting | May 2 | April 30 | April 29 |
| NCS Championships | May 4, 6, 11, 13 | May 2, 4, 9, 11 | May 1, 3, 8, 10 |
| Nor-Cal Championships | May 18, 20, 22 | May 16, 18, 20 | May 15, 17, 19 |
| CIF State Championships | May 29 | May 27 | May 26 |

*2027 Mother's Day is on May 9th. For this weekend the seeding meeting will be on May 8th.
*2028 Mother's Day is on May 14th. For this weekend the seeding meeting will be on May 13th.
*2029 Mother's Day is on May 13th. For this weekend the seeding meeting will be on May 12th.