

# 2024 VVAL Champions/All League Swimming

## Girls

200 Yard Medley Relay	Maya Garcia Remy Harrison Alegria Silvi Kendall Caton	Sonoma Valley
200 Yard Freestyle	Alegria Silvi	Sonoma Valley
200 Yard IM	Alejandra Valladares	American Canyon
50 Yard Freestyle	Lila Heffernan	Justin Siena
100 Yard Butterfly	Remy Harrison	Sonoma Valley
100 Yard Freestyle	Lila Hefferman	Justin Slena
500 Yard Freestyle	Alegria Silvi	Sonoma Valley
200 Yard Freestyle Relay	Clare Cuneo Eliza Wicks Kaela Fegan Lila Heffernan	Justin Siena
100 Yard Backstroke	Anna Efe	American Canyon
100 Yard Breaststroke	Remy Harrison	Sonoma Valley

400 Yard Freestyle Relay	Kayden Shalhout Isabela Mosing Anna Efe Alejandra Valladares	American Canyon
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1 Meter Diving	Abby Rustice	Vintage
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## **Boys**

200 Yard Medley Relay	Rowen Valladares Aidan Velicaria Matthew Huang Raphael Cueva	American Canyon
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200 Yard Freestyle	Marcus Tomola	Sonoma Valley
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200 Yard IM	Yuki Hayashi	Vintage
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50 Yard Freestyle	Raphael Cueva	American Canyon
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100 Yard Butterfly	Rafael Estimo	Justin Siena
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100 Yard Freestyle	Marcus Tomola	Sonoma Valley
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500 Yard Freestyle	Rowen Valladares	American Canyon
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200 Yard Freestyle Relay	Rafael Estimo Jacob Imhoff Lucas Padowan Niko Klimenko	Justin Siena
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100 Yard Backstroke	Yuki Hayashi	Vintage
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100 Yard Breaststroke

Mario Delanni

Napa

400 Yard Freestyle Relay

Raphael Cueva

American Canyon

Noah Zipay

Aidan Velicaria

Rowen Valladares

1 Meter Diving

Mario Delanni

Napa