

Vine Valley Athletic League  
Track Schedule 2019  
(Year 1 of a two year rotation)

First Day of Practice: January 28  
Number of contests allowed 14 Meets 2 Scrimmages  
Match Time: 3:45 p.m.

**Wednesday March 6**

Sonoma at Casa Grande  
Justin Siena at Vintage  
American Canyon at Napa  
Petaluma BYE

**Wednesday March 13**

Napa at Petaluma  
Casa Grande at American Canyon  
Vintage at Sonoma  
Justin Siena BYE

**Wednesday March 20**

Sonoma at American Canyon  
Petaluma at Casa Grande  
Justin Siena at Napa  
Vintage BYE

**Wednesday March 27**

American Canyon at Petaluma  
Casa Grande at Justin Siena  
Napa at Vintage  
Sonoma BYE

VVAL League Championship Meet:

Wednesday April 24 and Friday April 26  
Sites and Hosts TBD

**NCS/Les Schwab Tires Championships**

Deadline for leagues to determine qualifiers:

Area Meet - Redwood Empire Meet

NCS Meet of Champions

CIF State Track Championship Meet

May 4

May 11

May 17, 18

May 24, 25

**Wednesday April 3**

Vintage at Casa Grande  
Sonoma at Petaluma  
Justin Siena at American Canyon  
Napa BYE

**Wednesday April 10**

Petaluma at Justin Siena  
Napa at Sonoma  
American Canyon at Vintage  
Casa Grande BYE

**Wednesday April 17**

Justin Siena at Sonoma  
Casa Grande at Napa  
Petaluma at Vintage  
American Canyon BYE