VVAL Boys Water Polo All-League Selections 2023

Player of the Year:	Ben Gradius	Senior	Ukiah

Co-Goalie of the Year: Francis Mulligan Senior Vintage Co-Goalie of the Year: Braden Land Senior Ukiah

1st Team

Brody Hansel	Sophomore	Cardinal Newman
PO Casey	Senior	Vintage
Andrew Dillon	Senior	Napa
Joseph Barerra	Sophomore	Petaluma
Tyler Trantow	Junior	Sonoma Valley
Juli Klieman	Junior	Napa

2nd Team

Noah Zipay	Junior	American Canyon
Jack Chavez	Senior	American Canyon
Nicolas Exter	Sophomore	Sonoma Valley
Josh Gradius	Sophomore	Ukiah
Thomas McCarthly	Freshman	Cardinal Newman
Christian Mills	Senior	Vintage

Honorable Mention

Aidan Velicaria	Senior	American Canyon
Cameron Scargle	Senior	Napa
Nick Larson	Senior	Ukiah
Benjamin Binder	Senior	Vintage
Clare Cuneo	Sophomore	Justin Siena
Mason Ballard	Freshman	Cardinal Newman