2025 VVAL Champions/All League
Track and Field

Girls

Helen Heffner	**100 Meters**	**Vintage High School**
Lainey Reiter	**200 Meters**	**Justin Siena High School**
Lainey Reiter	**400 Meters**	**Justin Siena High School**
Kendall Bawden	**800 Meters**	**Vintage High School**
Kendall Bawden	**1600 Meters**	**Vintage High School**
Avery Codington	**3200 Meters**	**Casa Grande High School**
Samantha Carey	**100m Hurdles**	**Justin Siena High School**
Helen Heffner	**300m Hurdles**	**Vintage High School**
Natalie Russell	**Shot Put**	**Vintage High School**
Sadie Tinnon	**Discus**	**Napa High School**
Jana Wuester	**High Jump**	**Casa Grande High School**
Lucille Walling	**Pole Vault**	**Petaluma High School**
Grace Sheehan	**Long Jump**	**Casa Grande High School**
Samantha Carey	**Triple Jump**	**Justin Siena High School**
Anayiah Brown	**4x100 Relay**	**American Canyon High School**
Malaya Rocker	**4x100 Relay**	**American Canyon High School**
Jayda Persons	**4x100 Relay**	**American Canyon High School**
Jordan Woodson	**4x100 Relay**	**American Canyon High School**
Hailey Schuemann	**4x400 Relay**	**Justin Slena High School**
Aldyn Martin	**4x400 Relay**	**Justin Siena High School**
Blake Wilse	**4x400 Relay**	**Justin Siena High School**
Lainey Reiter	**4x400 Relay**	**Justin Siena High School**

Boys

Mason Howell	**100 Meters**	**Vintage High School**
Mason Howell	**200 Meters**	**Vintage High School**
Owen Ferguson	**400 Meters**	**Vintage High School**
Jack Dufour	**800 Meters**	**Casa Grande High School**
Grayson Frye	**1600 Meters**	**Vintage High School**
Kevin Hanson	**3200 Meters**	**Casa Grande High School**
Preston Leslie	**110m Hurdles**	**American Canyon High School**
Nicolas Dennis	**300m Hurdles**	**Petaluma High School**
Max Kaufman	**Shot Put**	**Vintage High School**
Max Kaufman	**Discus**	**Vintage High School**
Jay Woodson	**High Jump**	**American Canyon High School**
Charlie Ramirez	**Pole Vault**	**Casa Grande High School**
Jay Woodson	**Long Jump**	**American Canyon High School**
Lucas Castillo	**Triple Jump**	**American Canyon High School**
Jordan Locke	**4x100 Relay**	**American Canyon High School**
Jona Budu	**4x100 Relay**	**American Canyon High School**
Jordan Burse	**4x100 Relay**	**American Canyon High School**
Khairee Baker	**4x100 Relay**	**American Canyon High School**
Sebastian Lomas	**4x400 Relay**	**Casa Grande High School**
Dylan Mainaris	**4x400 Relay**	**Casa Grande High School**
Jackson Metzler	**4x400 Relay**	**Casa Grande High School**
Jack Dufour	**4x400 Relay**	**Casa Grande High School**