

Vine Valley Athletic League
Girls Lacrosse Schedule 2023
(Year 1 of a 2 year rotation)

First Day of Practice: February 6
Number of contests allowed: 20 Games - 2 Scrimmages
Tournaments: Each match counts as one contest
Match Time: JV: 5:00 p.m. Varsity 7:00 p.m.

Friday March 24

Windsor at Casa Grande
Napa at Vintage
Justin Siena at Rancho Cotate
Petaluma at Cardinal Newman
Sonoma Valley at Sonoma Academy

Wednesday April 12

Petaluma at Napa
Cardinal Newman at Windsor
Rancho Cotate at Sonoma Academy
Vintage at Casa Grande
Justin Siena at Sonoma Valley

Wednesday March 29

Rancho Cotate at Petaluma
Vintage at Justin Siena
Casa Grande at Napa
Sonoma Academy at Windsor
Cardinal Newman at Sonoma Valley

Friday April 14

Vintage at Cardinal Newman
Petaluma at Casa Grande
Sonoma Academy at Justin Siena
Windsor at Napa
Sonoma Valley at Rancho Cotate

Friday March 31

Sonoma Academy at Vintage
Windsor at Rancho Cotate
Napa at Cardinal Newman
Justin Siena at Petaluma
Sonoma Valley at Casa Grande

Wednesday April 19

Justin Siena at Windsor
Sonoma Academy at Petaluma
Casa Grande at Cardinal Newman
Rancho Cotate at Vintage
Napa at Sonoma Valley

Wednesday April 5

Cardinal Newman at Justin Siena
Rancho Cotate at Napa
Vintage at Windsor
Casa Grande at Sonoma Academy
Petaluma at Sonoma Valley

Friday April 21

Napa at Sonoma Academy
Justin Siena at Casa Grande
Petaluma at Vintage
Cardinal Newman at Rancho Cotate
Sonoma Valley at Windsor

Friday April 7

Casa Grande at Rancho Cotate
Cardinal Newman at Sonoma Academy
Windsor at Petaluma
Napa at Justin Siena
Sonoma Valley at Vintage

VVAL Girls Lacrosse Tournament: April 26 Semi finals (1 v 4 & 2 v 3) Site, time TBD
April 28 Finals Site, time TBD

Final date for leagues to determine qualifiers April 29
NCS At Large meeting April 30
NCS/Les Schwab Tires Championships May 2 - 11

MB 5/24/22