

Vine Valley Athletic League Swim and Dive All-League 1st Team 2022

Girls	Event	Boys
Sonoma Valley HS 1:56.1 Pine, Harrison, Silvi, Ring	200 yard Medley Relay	American Canyon HS 1:42.24 Valladares, Cuevas, Raymonsd, Santiago
Mackenzie, Justin Siena 1:59.31	200 yard Freestyle	Grayson McCaw, Sonoma Valley 1:46.01
Heffernan, Lila Justin Siena 2:07.03	200 yard Individual Medley	Valladares, Rowen American Canyon 2:03.83
Pine, Sierra, Sonoma Valley, 25.53	50 yard Freestyle	Fiorito, Dominic, Sonoma Valley, 22.31
Valladares, Alejandar - American Canyon, 1:00.05	100 yard Butterfly	Larsen, Mattgew, Vintage, 56.65
Heffernan, Lila - Justin 51.57	100 yard Freestyle	Dillon Andrew, Napa, 50.18
Kawashiri, Mackenzie Justin 5:18.67	500 yard Freestyle	Fridolfs, Cody Vintage 5:32.87
Sonoma Valley High School Harrison, Silvi, Ring, Pine	200 yard Freestyle Relay 1:42.96.	Napa High School, 1:35.42 Jordan, Delanni, Hattori, Scargle
Pine, Sierra Sonoma 1:04.13	100 yard Backstroke	McCaw, Greyson Sonoma 53.38
Honey, Katie Petaluma 1:10.23	100-yard Breast stroke	Cueva, Gabriel American Canyon 59.30
American Canyon High School, 3:55.61 Zipay, Perseveranda, Schofield, Valladares	400 yard Freestyle Relay	Vintage High School, 3:22.55 Hayashi, Roldan, McClintick, Larsen
Phipps, Morgan Vinage 340.35	1 meter Diving	Parsons, Barron Vintagen 242.40