

Vine Valley Athletic League
Track Schedule 2019
(Year 1 of a two year rotation)

First Day of Practice: January 28
Number of contests allowed 14 Meets 2 Scrimmages
Meet Time: 3:45 p.m.

Wednesday March 6

Napa, Justin Siena at Casa Grande
Petaluma, Vintage at American Canyon

Wednesday March 13

American Canyon at Napa
Casa Grande at Petaluma
Sonoma, Justin Siena at Vintage

Wednesday April 3

American Canyon at Justin Siena
Sonoma, Napa at Petaluma
Casa Grande at Vintage

Wednesday April 10

Vintage at Napa
Sonoma, Casa Grande at American Canyon
Petaluma at Justin Siena

VVAL League Championship Meet: Trials May 1st
Finals May 3rd
Sites and Hosts TBD

NCS/Les Schwab Tires Championships

Deadline for leagues to determine qualifiers:	May 4
Area Meet - Redwood Empire Meet	May 11
NCS Meet of Champions	May 17, 18
CIF State Track Championship Meet	May 24, 25

RO: 1/18/2019