

Vine Valley Athletic League  
Wrestling Schedule 2019  
(Year 1 of a two year rotation)

First Day of Practice: October 29  
Number of contests allowed 40 Matches 2 Scrimmages  
Match Time: 6:00 p.m. JV boys, Varsity Girls, Varsity Boys

**Wednesday December 19**

Vintage at Petaluma  
Casa Grande at Napa  
Sonoma Valley at American Canyon  
*BYE Justin Siena*

**Wednesday January 2**

Petaluma at American Canyon  
Casa Grande at Sonoma Valley  
Justin Siena at Napa  
*BYE Vintage*

**Wednesday January 9**

American Canyon at Casa Grande  
Petaluma at Sonoma Valley  
Vintage at Justin Siena  
*BYE Napa*

**Wednesday January 16**

Justin Siena at Casa Grande  
American Canyon at Vintage  
Napa at Sonoma Valley  
*BYE Petaluma*

**Tuesday January 22**

Napa at Petaluma  
Vintage at Casa Grande  
Justin Siena at American Canyon  
*BYE Sonoma Valley*

**Thursday January 24**

Petaluma at Justin Siena  
Sonoma Valley at Vintage  
American Canyon at Napa  
*BYE Casa Grande*

**Wednesday January 30**

Casa Grande at Petaluma  
Napa at Vintage  
Sonoma Valley at Justin Siena  
*BYE American Canyon*

VVAL League Championship: Saturday February 9 at **Napa High School - Weigh Ins 7:00 a.m.**

NCS/Les Schwab Tires Championships

Deadline for leagues to determine team qualifiers: January 30 (Boys Only)

Deadline for leagues to determine Ind/Team qualifiers: February 2 (Girls Only)

Dual Team Competition February 2 (Boys Only)

Deadline for leagues to determine Ind qualifiers February 9 (Boys Only)

NCS Championships February 8-9 (Girls Only)

NCS Seeding Meeting February 10 (Boys Only)

NCS Championships February 15 - 16 (Boys Only)

CIF Championships: February 22-23 (Boys and Girls)